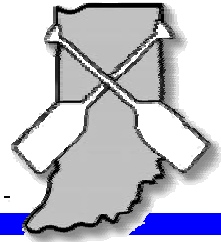


# The Hoosier Paddler



Volume 46, Issue 10

<http://www.hoosiercanoeclub.org/>

Nov./Dec. 2008

## Fall Meeting — Sunday, November 16, 2008

Come enjoy a fall afternoon of food, drink and entertainment with your paddling friends. We'll have a swap meet so you can trade that stuff building up in your garage as well as stories. We will also have a short business meeting and the 2009 election of officers and board members.

### Fall Meeting / Pitch-in Dinner / Swap Meet / Elections

**Time:** Sunday, November 16, 2008, 1:00pm – 5:00pm

**Location:** Carefree Estates Clubhouse, 1202 Leisure Lane, Indianapolis, IN. Carefree Estates is located on south side of West County Line Road on the Indy south side approximately ½ mile west of South Meridian St. (SR135) and 2 miles east of SR37.

**Pitch-In Dinner:** Meat (turkey) and non-alcoholic drinks will be provided. Participants should bring complementary items such as mashed potatoes, dressing, salads or desserts. BYOB.

**Swap Meet:** Take the opportunity to empty your closets, garage or basement of camping or paddling treasures and try and pawn them off on your cheap paddling friends.

<b>Schedule</b>	1:00-2:00	Happy Hour and Swap Meet
	2:00-3:00	Turkey dinner
	3:00-4:00	Slide show/presentation
	4:00-5:00	Business meeting and Elections

**Driving Instructions from Indianapolis:** Exit I-465 at the SR37 Bloomington exit. Continue south 4.5 miles on SR37 to County Line Road. There is a Shell station at the intersection. Turn left (east) on County Line Rd. At the third stop sign, cross the railroad tracks and continue east for ½ mile to the Carefree Clubhouse on the south side of the road. If you are coming via I-65, exit at County Line Road and continue west past the Greenwood Mall, Hwy 31 to Meridian St. (SR135). Continue past Meridian St. west ½ mile to the Carefree Clubhouse.

**Contact Information:** Reggie Baker 317-888-3315 home

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## 2009 Hoosier Canoe Club Elections

I propose the following twelve paddlers to fill positions on the HCC board in 2009:

Terry Busch	Mariann Davis	Dan Evard	Dave Ellis
Sue Foxx	Dwayne James	Kellie Kaneshiro	Mary Keith
Jordan Ross	Jan Sneddon	Jim Sprandel	John Wainscott

In addition, I propose the following member to fill leadership roles:

For Yeoman, Linda Smith  
For Purser, Matt Slagel  
For Executive Officer, Theresa Kulczak  
For Skipper, Dan Valleskey

Reggie Baker will sit on the board, by virtue of being the outgoing Skipper.

I'd like to thank everyone I talked with about filling the empty board seats. Almost everyone had valuable input to share. Now, we all need to come out for the Fall meeting on Sunday, November 16 to cast ballots. I'll look forward to seeing you there!

Dan Valleskey

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## The Newsletter of the Hoosier Canoe Club

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## HCC Video Library

Winter is coming and most of us will be putting our boats away. However, that's no reason to stop thinking about paddling. In fact, you might even learn something that will help you next year when you hit the water.

Dave Ellis maintains a library of about 40 paddling-related videos for members. Most are available as VHS tapes or DVDs. The library includes instructional videos on rolling, whitewater paddling, and sea kayaking as well as videos discussing river safety, trip management, conservation, and use of USGS river gauges. An up-to-date listing of the library is available on the "Club Info" information of the HCC Web Site and a summary is provided below.

### Canoeing (Solo, Tandem – WW, Flatwater)

- *Quick Start Your Canoe* - ACA beginning canoe
- *Path of the Paddle - Quiet Water* - Video "bible" of Canoeing
- *The C-1 Challenge* - Closed Solo Canoe Primer
- *Drill Time, Solo Playboating II* - Drills for solo canoe playboating
- *Solo Play Boating*

### Basic Kayaking

- *Kayak Basics plus Blasting into the Third Dimension* (Perception)

### Whitewater Paddling

- *Kayak 101* - Basic strokes, maneuvers, water reading for Moving Water
- *Path of the Paddle - Whitewater* - Reading rapids, boat control on the river
- *Whitewater Self Defense* - Every day river safety and rescue

### Safety and Trip Planning

- *Cold Wet and Alive* – Hypothermia
- *Getting the most from USGS Streamflow Gauging Stations* - River rally workshop
- *Heads Up* - River Rescue for River Runners
- *Margin for Error* - Canoe trip organization for safety
- *River Rescue* - Rescue workshops, trip preparation, leadership
- *So Take the Time* - A guide to risk management for outfitters
- *You're in Control and Accepting Responsibility* - Guides to safe paddling

### Rolling

- *Grace Under Pressure* - Learning the kayak roll
- *The Kayak Roll* - Explains a smooth and effortless roll

### Surf Kayaking

- *In the Surf* - Performance surf kayaking

### Sea Kayaking

- *Performance Sea Kayaking* - Efficiency, navigation, roll
- *Sea Kayaking - Getting Started* - Reference for the beginning sea kayaker
- *Sea Kayaking - The Ultimate Guide* - Learn to safely and comfortably enjoy sea kayaking

### Environment, Ecology

- Indiana DNR - Organizing a Clean-up & Volunteer Water Monitoring
- *Rivers of Life* - Explore the wonders of freshwater habitats. Chattanooga
- *Watershed Mentality* - Documentary about sediment & erosion - Maumee River

### Other

- *Rivers and Tides* - Videos of artist creating art near rivers and seas
- *Water Walker* - Lifetime of canoeing memories
- *Song of the Paddle*

### Paddling Adventures

- *This is the Sea* - Sea Kayaking adventure shorts
- *This is the Sea 2* – More sea Kayaking adventure shorts
- *This is the Sea 3* – Still more sea Kayaking adventure shorts
- 9 Paddling Videos by HCC Members

If you are interested in a video, stop by one of the pool sessions at Thatcher Pool since Dave brings the library to the pool. Or if you can't make it to Thatcher Pool, e-mail Dave Ellis ([RiverPaPaw@aol.com](mailto:RiverPaPaw@aol.com)) to see if the video is available and to arrange to pick it up.

**Videos Wanted:** The Club Library was created through donations from club members. If you have any paddling videos that you haven't watched recently, think about donating them to the Club Library so that other members can enjoy and learn from them. Bring your videos to the November meeting or give them to any board member who will make sure that they get to Dave.



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## Calling all Flatwater Paddlers—2009 Trip Sponsors Needed



Wabash River—July 2008

We are now building the 2009 HCC schedule and are looking for Trip Sponsors for the 2009 paddling season. Let me digress. flatwater is NOT whitewater – you need to go out of state for that. Flatwater is NOT open water/sea kayaking – you mostly need to go out of state for that. Flatwater is our Indiana creeks, streams, rivers and lakes! And we want to paddle them all: north, south, east and west.

If you have a special run and would like to host a trip, contact me. In the mold of Steven, icon of Dell computers, CALL or GO ON LINE (I'll let you do the visuals) 317-251-6631 or [fw@hoosiercanooclub.org](mailto:fw@hoosiercanooclub.org). Most trips should be 10-12 miles in length. The club would also like to do a "Paddle to Dinner" in the Indianapolis area next year. There are lots of good restaurants that could serve as the destination point.

If you have an idea and want to talk, I can help you find a co-sponsor or locate put-ins/take outs. Please send the preferred date for your trip to me NOW!

**Linda Smith**

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## Flatwater Trips

### What to Bring on a Flatwater Trip

- PFD (Personal Floatation Device) with attached whistle
- Spare Paddle
- Rescue gear: paddle float, throw rope, first aid kit
- Bilge pump or bailing device (small bucket, sponge, etc.)
- Personal medications: Be sure to inform your trip sponsor of medical conditions.
- Sunglasses, sun/bug spray
- Lunch, snacks, drinks (hot or cold) plus water!
- **Cold Weather Protocol:** Change of clothes, gloves, and hat in a dry bag. No cotton clothing. (See "[Cool Paddling](#)" in the February HCC Newsletter)

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### White River Paddle (Waverly-Henderson Ford)

**Sunday, November 9, 2008**

### Trip Sponsors: Sue Foxx, Rick Turney, Linda Smith

The West Fork of the White River rises as an insignificant creek near the Ohio border in central Indiana and winds gently westward. By the time it passes Muncie, it is a substantial river. Near the center of the state, it abruptly turns south as it builds from the strength of hundreds of creeks and streams. The area near Waverly is a broad, more open valley. The banks of the West Fork are lined with woods of varying depth and include species such as maples, oaks, sycamore, river birch, cottonwood and others. One may see Canada geese, cranes, ducks, deer, muskrat, fox, and herons. On Reggie and Deb's trip last April, we saw a bald eagle.

Plan to wrap up the year with this short trip that affords a chance to get on the river one more time before the snow and ice of winter. DNR info and map of the river is at <http://www.in.gov/dnr/outdoor/2701.htm>.

**Meeting Place:** Meet at the Dairy Queen at SR 37 and SR144 at Waverly. From Indianapolis, go south on SR 37 to 144. Driving time 40 minutes from Indianapolis (north side).

**Put-In:** Waverly Public Access Site

**Take Out:** Henderson Ford Public Access Site (Access to the river for take-out is at Henderson Ford Bridge 4 1/2 miles north of Martinsville and 5 miles south of Waverly on State Road 37, then 0.7 miles west and north on Henderson Ford Road (County Road 390 E).

**Trip Length:** 5 miles—short run so plan to play a little along the way.



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**Expected Water Conditions:** Medium size scenic river with good current and flow even in dry times.

**Schedule:**

10:00 am Arrive at the Dairy Queen and go together to the put in-which is close by.  
10:30 am Start shuttle  
11:15 pm Start Paddling  
2:30 pm Landing at the take-Out

**Trip Requirements:** Bring your lunch, plenty of water, and sunscreen. Prepare for cold weather since the water at this time will be cold even if the temperature cooperates.

**Contact Information:** Contact Sue Foxx by 5 pm Saturday, November 8 at 317-363-4074 (cell) or [su-foxx713@aol.com](mailto:su-foxx713@aol.com) if you plan to come. It is not a bad idea to check in on Saturday night if the weather looks iffy. Any last minute cancellations will be posted to the bulletin board.

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## Whitewater Trips

**Ocoee Fall Colors/Last Release, TN (III-IV)**

**November 1-2, 2008**

**Trip Sponsor: Jordan Ross**

This trip is a big hit every year. It's one of the last scheduled HCC whitewater trips of the year and a fun weekend to cap off the season for sure. We had 23 paddlers along last year. I hope we can top that this year with many new faces.

We'll try to make several runs on Saturday. Newcomers who feel ready can try an introductory (but action packed) run below Double Suck or the Doldrums, then try more of the river on a second run as their confidence grows. The Ocoee is swift, rocky and continuous so good bracing and a quick, self-rescue river roll are important.

We will camp again at Adventures Unlimited. They have nice grassy areas for the group to spread out and a new changing and bath house with a laundry room to dry paddling gear (yipee!):

<http://www.adventuresunlimited.net/welcome.htm>

**Contact Information:** Check the HCC Bulletin Board the week before the trip for updates and to let us know if you plan to come. Jordan Ross. [jross@iquest.net](mailto:jross@iquest.net), 317-460-7000

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## White River Clean-Up – September 13, 2008



*White River Clean Up Volunteers*

On September 13, 2008, about 20 volunteers from Friends of the White River, Central Indiana Wilderness Club, and Hoosier Canoe Club removed trash from the White River between 106th street down to 79th street. Jan Sneddon headed up the volunteers who pulled out everything imaginable including the ubiquitous beer cans, soda bottles, and tires plus a couple of coolers, gas grill, canoe bow, and lawn chairs –all the things that get dumped in rivers.

The volunteers paddled downstream in canoes and kayaks. They filled their boats up and then transferred the trash to a jet boat, and then started over again. The jet boat hauled the trash to a dumpster at the take out. HCC members Sue Foxx, Ben and Dan Valleskey, and Jim Sprandel pitched in to help Jan with this effort.

Cleaning of this stretch of the White River was part of a larger effort involving thousands of volunteers in Randolph, Delaware, Madison, Hamilton, and Marion counties – tackling clean up of the river from Indianapolis to Muncie and Winchester.





*Waiting to get through a narrow channel at a major blockage*

## **Trip Report— Lost River Mystery Tour      Sunday, September 28, 2008**

**Trip Sponsors:** Rick Turney , Sue Foxx, Linda Smith

**Trip Participants:** Mark Wade, Frank and Jeremy Schaver, Sue Foxx, Rick Turney, Stevie Addison , Linda Smith, Mary Keith, Kellie Kaneshiro, Jim Sprandel, Jay and Gina Moyer, Sara Hare, Jim Clendenin, Kevin Dogan, Barb Lasher, Mary Ann Davis, Dan Evard

The trip started with a great presentation by Dee Slater and Bob Armstrong from the Lost River Conservation Association. They explained the Lost River Karst system and then led us down to see the huge sinkhole at Wesley Chapel. It really was 10 degrees cooler as we walked down the path! Dee also pointed out the hedge apples (Osage oranges) that repel spiders. A great natural solution for my daughter's screams to 'kill it'. For anyone who wants to return and explore more, they do guided and self-guided tours. Contact them at 317-253-6951.

A big caravan traveled to the put-in and I had to wonder what the locals thought of our trip. The put-in was a bit rough due to recent repairs to the bridge and with no actual path except through the stinging nettles. We were happy to follow the leader. Our shuttle to the take out was a cloud of dust on gravel roads... choke! Wisely, Rick placed a van at the half-way mark and all were happy to see it at the end of the day.

The Lost River was scenic but we quickly encountered the challenges of a river that is not often paddled. Blow down from storms generated by recent



*Wesley Chapel Gulf Sinkhole*



*Paddling down the Lost River*

hurricanes blocked us frequently and older logs created an obstacle course. It was a challenge met by all present with laughter and a helping hand...which was a necessity given the circumstances. Of course trying to figure out how not to have to portage, in order to avoid the 'shoe sucking' mud, was high on our priority list. People were very creative and the unique solutions would have made a good picture if anyone had had the time to take any.

Even though we were miles from civilization, there was very little wildlife, including birds, along the 6-mile stretch we paddled. Needless to say, we were all happy to exit at the halfway point since doing the full trip would have had us paddling in the dark. It was a great place to check out but not one that paddlers would want to do often due to it's isolation and the number of places it is totally blocked. Participants can consider this trip part of their strength and flexibility training. Glad everyone had a good attitude and that Jim Clendenin brought his famous cookies.





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## Paddler's Pirate Flotilla and Party – November 4, 2008

It was a roaring time on the old White River as the Paddler's Pirate Flotilla set forth from Forest Park Public Access Site in Noblesville and wound their way down to "Pirate Cove" at Northern Beach in Carmel. About 76 paddlers made this the largest river-based pirate invasion of Carmel in recorded history. Every type of boat was present – touring, recreational, inflatable, and whitewater kayaks as well as solo and tandem canoes. Many boats carried particularly unsavory pirate types as well as beautifully-donned female pirates. Some canoes and kayaks



*Flotilla leaving Put-In*



*Pirate of the White River*

sported the Jolly Roger, parrots on gunwales, and other pirate rigging and decorations. The fleet was supplemented by about 13 boats rented from the White River Canoe Company located about 100 yards downstream from the put-in in Noblesville.

The early October weather was beautiful and the water level was high enough that no one had to drag their boats through shallow sections. The paddlers starting launching shortly after 1:00 pm and arrived at Northern Beach – the site for Paddler's Pirate Party – between

5:00 and 6:00 pm. Several experienced volunteers helped boats through the one tricky spot on the river so there were no pirate swimmers or boat jams.

The paddlers were then able to stow their boats and gear in time to settle down to snacks and refreshment on tables strewn with doubloons and necklaces. Over 130 people attended the catered dinner. The costumes of the party guests were even more impressive and you might wonder if some people just might make their living as pirates. How else would someone have a bright orange pirate outfit . . . ?



*Pirates with Sea Dog*





*Bob and Mike Heckler*

Our local outfitters – Extreme Outfitters, Rusted Moon, NURPU – added interest to the evening by donating many door prizes including a kayak, a paddle, and gift certificates in addition to helping to defray the cost of the event.

Avast, the festivities didn't really start getting interesting until after the plates had been cleared and Bob "Big Drop" Heckler and his pirate brother Mike cranked up the music. You could tell that many people were his fans from when he plays at whitewater events. Bob and his brother were an amazing entertainment duo with frequent changes of costume, dry ice smoke, and enter-

taining antics. The crowd never stopped dancing in the pavilion and all seemed to have a great time.

Fun aside. The Pirate Party and Flotilla drew in paddlers from all over Indiana. Nearly half of the people on the paddle were non-members. Many of these people hadn't even realized that there was organized paddling in the Indianapolis area until they were beguiled by the Pirate Party poster at one of the local stores. For

several HCC club members, this was the first club trip that they attended. Hopefully, they'll see what keeps us paddling together.

This event was the biggest event that the club has pulled off for many years and kudos go to Trip Sponsor, Theresa Kulczak, for coordinating the event and an army of HCC members for making it happen. Thanks to HCC members Dan Valleskey , Reggie Baker , Garry Hill , Jim Sprandel, Jan Sneddon, Sue Foxx, Linda Smith, Kellie Kane-shiro, Deb Baker, Dave Ellis, Dwayne James, and John and Sharon Cannaday as well as to our corporate sponsors – Morris Printing, Extreme Outfitters, NURPU River and Mountain Supply, and Rusted Moon – for their support.



*Orange Crush dancing with Debbie Baker*



*His Honorable Dread Captain Sharktooth (Reggie Baker) and Debbie*

**Photo Credits:** Jan Sneddon-Page 2, Jim Sprandel-Pages 3, 5, 7 (top,middle), Dave Ellis-Page 6, 7 (bottom), Joel DeLashmit-Page 8





*Final Tuesday Paddle of the year at Eagle Creek*

## Upcoming Events

Wednesdays 7 pm	<b>Pool Sessions</b> —Thatcher Pool, Indianapolis, IN	April Issue, Page 1
Sat. Nov 1-Sun. Nov 2	<b>Whitewater Trip</b> —Ocoee Fall Colors/Last Release, TN (III-IV)	Page 4
Sun. Nov. 9	<b>Flatwater Trip</b> —White River Trip (Waverly)	Page 3
Sun . Nov. 16	<b>HCC Fall Meeting</b>	Page 1

**January/February Newsletter Deadline:** Please submit articles to Jim Sprandel by Friday, January 15, 2009. Please E-Mail articles to [merlin-3d@sbcglobal.net](mailto:merlin-3d@sbcglobal.net) or call Jim at 317-257-2063.

