# The Hoosier Paddler

Month May 2018, Vol. 56 Issue 5 http://www.hoosiercanoeclub.org/

### From the Skipper:

Hopefully the snow is done by now, but some members did get out for a snow paddle. We have a month full of paddling opportunities including Cagles Mill to start the month and our annual trip to Wisconsin for the Wolf and Peshtigo rivers over Memorial Day weekend. Checkout this newsletter and the events calendar on the HCKC website for details of all our trips (remember all events are not visible if you do not login). We are also offering our first session of introductory and intermediate skills classes at the end of May.

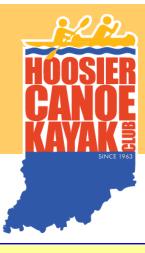
See you on the water! Duane

Check out our new Facebook Page page at https://www.facebook.com/hckcIN/

# SAVE THE DATE Pirate Paddle & Party, Saturday, October 20

Aye Maties, prepare to hoist the skull and crossbones for the HCKC

Pirate Paddle & Party on Saturday, October 20!
Callin' all river pirates and creatures of the deep!
The pirates will be gatherin' at the White River
Yacht Club in Broad Ripple, our favorite party destination, thanks to the support of Tom McCain. This
year will mark the ten-year anniversary of the
event since its inception in 2008. We hope to feature some of our all-time favorites, including the
Red Rum pirate band performing at the river; as
well as another treasured entertaining legend from
the north . . . stay tuned . . . Needham and Deb
Wilson are taking the wheel as co-chairs with The
Black Toad (Theresa Kulczak) raising a toast and
advising on deck.



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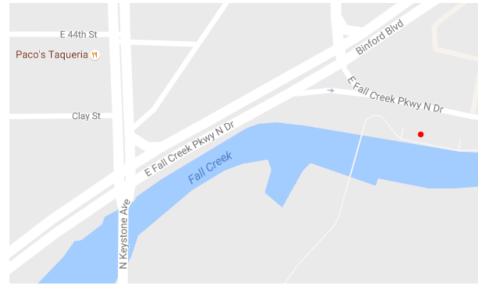


### Fall Creek Clean Up May 5<sup>th</sup>, 2018 – Natalie Needham

Be sure to bank some good river mojo karma and help clean up a local favorite! It's always fun to see who can find the oddest and biggest item on the river. Sometimes, river booty is found and the finder gets to keep it. J We'll run a 5-mile trip from Skiles Test Park put in to the Keystone Take out. Please bring garbage bags and gloves. I'll try to procure some of those grippy thingys to grab trash. I normally don't like to have lunch while picking up trash, so eat a big breakfast or bring a snack. We'll most likely go out afterwards for some dinner. Please be at the Skiles Test Put-in, off the Fall Creek Trail by 11:00 am. We'll run shuttle and should be on the water by Noon. Put in is shown below with a red dot. This trip is appropriate for all skills levels.



Take out is shown below with red dot. We should be done by 3-4 pm. Be sure not to leave any valuables in your car.



If you have any questions or comments, please contact the trip leader: Natalie Needham <a href="mailto:nataliehcckayak@gmail.com">nataliehcckayak@gmail.com</a> Please put Fall Creek Clean Up in the subject line.

### A Stream in Southern Indiana Saturday, May 12

Co-Leaders Theresa Kulczak, Sara Hare, Jim Shaw

Join the southern all-stars for a day of paddling ... on a beautiful stream ... somewhere ... in southern Indiana. It sounds like a Buffet song ... it's five o-clock somewhere. As Jimmy (Shaw) said, "If there's water we will paddle"! The beautiful creeks in southern Indiana are very water dependent. We'll make the decision of the paddling destination closer to the date when the optimal conditions known. Stay tuned for the detailed trip announcement the week before the trip. If there's a lot of water we can hopefully hit one of the most beautiful creeks in the state. For trip details contact:

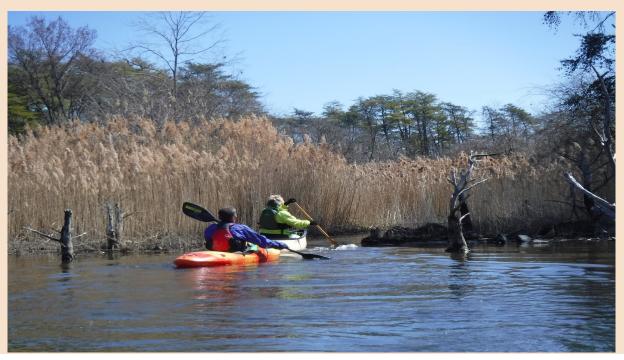
Theresa: tkulczak@comcast.net

Sara: schare@ius.edu

Jim: Jim.Shaw44@icloud.com

# Trip Report Canoe & Kayak Goose Pond Fish & Wildlife Preserve, Linton

Ten paddlers ventured to southwest Indiana for a first-time exploration on Goose Pond Fish & Wildlife Area, a 9,000 acre wetland, prairie, and marsh habitat. It is considered one of the best bird-viewing sites in the state. The date was Sunday, March 18<sup>th</sup>, with lots of sun and temps in the high 50s; a gorgeous spring afternoon. Everyone was excited to get boats on the water. Thanks to all who joined the trip, especially Lonnie Bedwell, a nationally renowned blind kayaker; it was great to be on the water with him. For those visiting Goose Pond in the future, we recommend a sunset paddle under the gorgeous big skies, or an early morning expedition. We hear that there are good cabins in the area. The trip was co-lead by Theresa Kulczak and Margaret O'Connor.



The Newsletter of the Hoosier Canoe Club



### Sea Kayak Thoughts

### Jim Sprandel

I am sitting on the couch and watching it snow outside my window this morning. I'm thinking "What the Snow! April 16?" Between rain and cold weather, it has been a challenging spring for paddling but our season will be here soon.

When most of you receive this newsletter, the Sea Kayak fleet will be off to South Carolina, we will spend a week at Edisto Beach, south of Charleston. Then, 10-12 of our members will be taking big water training at Seabrook Island with Ashley Brown (an ACA Level 5 Open Water coach) just south of Charleston for 3 days – if only Eagle Creek had 3' waves or a regular basis.

### **Upcoming May-June Trips –**

### Cataract Fall High Water Trip – May 5, 2018

I just checked and the Cagle Mill lake stage is at 679'. That is almost 40 feet up from summer stage so it should be an interesting trip. I'll get a reminder out to

IND\_TOURING\_KAYAKS after I get back from South Carolina.

### Lake Erie Paddle - May 18-19, 2018

Konstantin will be leading a trip to the Sandusky area of Lake Erie on this weekend.

#### South Bass Rendezvous - June 7-10, 2018

The South Bass Rendezvous is a gathering of paddlers from the Midwest. It is not a symposium - people get together and paddle from the campground at South Bass Island. Several HCKC people have already reserved campsites in addition to the 2 that I have reserved so it should be a fun trip. See the trip announcement in this newsletter or on the calendar.

Watch the Sea Kayak mailing list for more information.

**Training** – We will be offering Intermediate training with each of the four Kayak Skill Clinics that we will be offering this summer in addition to the Open Water Rescue Class that Duane will be teaching in June. If you are interested, sign up early. We are trying to think up additional Intermediate classes that we can offer this summer. If you have suggestion, please e-mail me.

Open Water Training - Again, mark June 2 so that you can attend the Open Water Rescue Clinic.



Sea Kayak Trip Announcement - Cagles Mill Lake High-Water Paddle

When: Saturday, May 5, 2018 – Ready to Launch – 10:00 am

Sponsor: Jim Sprandel (merlin-3d@sbcglobal.net)

This year, we are going to paddle Cagles Mill Lake. The lake has a different feel when the water level is closer to winter stage since it can be up 30-40 feet higher than summer stage. On April 16, the lake stage was at 680 feet –50 feet over the summer stage. Last year, we were able to paddle up through the lake's headwaters over the lower falls and all of the way up to the Upper Falls.

Since the ramp at Cunot will probably still be underwater, we will launch from the beach at Lieber State Recreation Area. If the beach



is still underwater, we launch from the road down to the beach and park at the top of the hill. We will then paddle down the lake past Cunot PAS and up to the falls. The trip from the Lieber SRA Ramp up to the falls is about 6.5 miles and the first 3 miles cross open portions of Cagles Mills Lake which can get choppy and windy. We will probably have lunch at the lower falls. Shore conditions at the falls are very dependent on water level.

Meeting Place: We will meet in Lieber SRA. If the lake stage is below 629, we will meet at the East end of the Swimming Beach at Lieber SRA. If the lake is above 630, we will either have to unload our boats on the road down to the beach or we may be able to use the ramp parking area at the west end of the beach which is a few feet higher than the beach. I'll scout during the week before the trip and let people know where we will be able to park.

Directions: From I-70 and I-465 on the west side of Indianapolis, drive west on I-70 to the SR 243 exit (Exit 37). Drive about 3 miles south on SR 243 to the Lieber SRA Entrance and follow the signs to the beach within the park. (The SRA is approximately 45 minutes from I-465 and I-70 on the Indy West Side.) Note: There is a \$7 fee to enter the park and you must have a DNR Sticker for your boat—these stickers are available at the SRA gate.

What to Bring: Be sure to bring your boat, paddling gear, water, your lunch, sunscreen, and insect repellent. I strongly recommend a spray skirt since we may be dealing with wind and boat chop in the first 3 miles. Due to the mileage and possible lake conditions, sea kayaks or touring kayaks with fore/aft flotation and spray skirts are recommended

Paddling Distance: 13-15 miles.

Schedule: Saturday, May 5 –

Plan on being ready to launch at 10:00 am—we should get off the water around 3:30 pm.

### Kayaking Skills Classes – Introductory and Intermediate Classes

Instructors: Dave Ellis, Duane Garloch, Jim Sprandel

Dates: Saturdays – Sat. May 26, June 23, July 28, and August 18, 2018

This year, we will offer four one-day kayak skills sessions during the summer. Each session is a self-contained so sign up for the session that fits your schedule. We will offer both introductory and intermediate on each of the four days.

Since we now have several ACA instructors, we will break our class up into two groups. In one group, we will cover the ACA Introduction to Kayaking material for newer paddlers. In the other group, we will cover ACA intermediate (Level 2 and 3) material.

These classes are targeted toward people with recreational, touring, or sea kayaks. Whitewater (WW) paddlers should check with the WW co-chairs about training since these classes focus on turning and control but the characteristics of WW boats are so different than recreational and sea kayaks. Classes are small with only 5 students so we can tailor the class to our students.

### **Introduction to Paddling Class -**

**Target Paddlers**: Newer HCKC members with recreational, touring, or sea kayaks who have never taken a class or who just want to work on their strokes.

Class Content: Here's a way to jumpstart your paddling! As a new kayaker, you may know how to move your boat around in calm water. We will work with you to make your paddling easier and more efficient—to give you more control over your boat. We will work on your basic knowledge, strokes, and other paddling skills that you may need to safely enjoy the sport. This course is based on the American Canoe Association "Introduction to Kayaking" course. This is also a great opportunity to ask any question that you might have about paddling or the Hoosier Canoe & Kayak Club.

Your instructor will first talk about the basics and then quickly get you on the water to teach you how to safety get in your boat and move it forward, backwards, and sideways as well as how to turn and stop.

### **Intermediate Kayak Control (Edging/Turning and Stroke Refinement)**

**Target Paddlers**: HCKC members with recreational, touring, and sea kayaks who have taken an introductory class at least one year earlier and have been paddling actively since that class. Students should be comfortable with their forward-turning strokes as well as draw strokes (to go sideways).

**Class Content:** Boat control and turning are essential for Intermediate paddlers whether you are paddling on creeks, rivers, lakes, or oceans. You need to make your boat do what you want it to do. The main topics that we cover are listed below:

Stroke Efficiency – How to make your current strokes more effective. Last year, we did one session that focused just on forward stroke.

Edging your boat and moving your body relative to the kayak to turn your boat or to make it go straight

Bow and stern rudders. Side draws – Maneuvers that move your boat sideway without changing the angle of your boat

This section will really start with a short discussion of boat dynamics and quickly get on the water to start learning to play with your boat.

**Meeting Place:** To be announced – The instructors will send out an e-mail to participants about one week before the class. The classes will typically be held at Eagle Creek but the instructors for Intermediate classes may opt other locations.

**Your Chances of Getting Wet**: While the water is cool, we will demonstrate rescue skills and wet exits but you won't *intentionally* be getting into the water at this clinic unless you want to. Thatcher Pool's Wednesday night sessions are a better place to practice rescues and wet exits when it's cool out continued next page

Class Size: The introductory and intermediate classes will have 5 students Please do not sign up unless you can stay for the entire clinic (9:00 am to 3:30 pm)

If enough students sign up for an Introductory or Intermediate session, we will add a second instructor to handle 5 more students when possible.

### What to Bring:

Please bring your kayak, life jacket, paddle, paddling jacket, sun screen, lunch, and water.

Safety equipment that you normally carry (e.g., pump, paddle float, stirrup, tow or throw rope ...). Please don't buy safety equipment just for this class.

Paddling Clothing—Even though you won't *intentionally* be capsizing, be sure to dress appropriately for the weather and water. We will get out more info on what to wear in the pre-class e-mail.

Questions — Please think about what you want to learn before the class and come with questions.

**Schedule:** 9:00 am Meet at Designated Location

9:30 am—3:30 pm Class

We will take an hour around Noon for lunch and a safety discussion.

How to Register: You need to sign up for these classes using the HCKC Web Site.

Go to the HCKC Web Site at <a href="http://www.hoosiercanoeclub.org/">http://www.hoosiercanoeclub.org/</a> and login using your e-mail address and your account password by clicking "Login" in the upper, right corner.

After logging in, click "Trips/Events" in the menu at the top of the page. You will see the <u>HCKC Event</u> Calendar.

Go to the date that you want to attend and click the event labeled "Kayak Skill Clinic" and click "Register" in the left-hand column of this page.

# Touring Kayak Weekend Trip on Lake Erie

May 19-20, 2018

**Organizer: Konstantin Louganski** 

Join us for a weekend of kayaking on the beautiful coast of Lake Erie near Sandusky, Ohio. We will paddle scenic portions of the coastline with varied natural and man-made features. There are multiple choices of 7-14 mile trips in the area. We will paddle a 12-14 mile trip on Saturday and a 6-8 mile trip on Sunday. We will choose our trips based on Lake Erie condition and the group preferences. If the water is rough on the Lake, we will paddle in protected waters of Sandusky Bay.

Camping: We will camp on Friday-Saturday in East Harbor State Park (<a href="http://parks.ohiodnr.gov/eastharbor">http://parks.ohiodnr.gov/eastharbor</a>). The campground has bathhouses and campsites with electricity. Drinking water is available on the campground. Most people will arrive on Friday night but you have an option to arrive on Saturday morning. On Saturday night, the group will go to eat out.

Equipment: You will need a sea-worthy kayak at least 14 feet long with sealed bulkheads in the bow and the stern, spray skirt, safety gear for open-water trips. Wet suits or dry suits are strongly recommended - the water is still cold in May. PFDs must be worn on the water at all times. Bring warm clothes and food for camping and a lunch pack. No boat permit is required unless you are an Ohio resident. You should have prior experience paddling the distances expected on this trip. If you have questions regarding these requirements, please contact the organizer.

Trip Schedule:

Saturday:

9:00 AM - ready to leave the campground 4:00 PM - get back to the campground

Evening: dinner out followed by a bonfire

continued next page

### Sunday:

9:00 AM - ready to leave the campground 2:00 PM - get off the water and go home

Contact: Please contact Konstantin Louganski at <u>klougans@yahoo.com</u> as early as possible to sign up for the trip and to coordinate camping arrangements.

### **Eagle Creek Tuesday Evening Training Paddles**

Jim Sprandel

Eagle Creek paddles will be held on Tuesday afternoons and evenings again this year. These are unstructured paddles where HCKC members can explore the lake, train to develop speed/endurance for upcoming trips, or practice skills on their own. If you would like to paddle with friends, I would recommend coordinating that through the club bulletin board, Facebook or e-mail.

These Tuesday Evening paddles are provided for club members through a Partnership Agreement between Eagle Creek Park and the HCKC. The club "pays" for these park admissions by cleaning up the Eagle Creek shore line, supporting the park's Blue way project, and providing safety support for the week-end paddles provided by Jeff Coates and Eagle Creek Outfitters. I will send out a note on their Full Moon paddles within the next month. In the September newsletter, we will tell you how to help with the shore line clean-up

When: Tuesday Afternoons/Evenings -

Tuesday, May 8 through September 25, 2018

**Starting Time:** HCKC Members may use the pass to enter the park any time after 1:00 pm on the specified Tuesdays. However, most members do not show up until after work.

**Ending Time**: When you enter the park, look at the park's closing time that is posted at each of the park gates. It changes during the year and they normally lock at least one of the gates at that time.

Where: Ramp near Discovery Center—Enter the park at either the 56th Street or 71st Street entrance and follow the signs to the Discovery Center or "Go Ape!" Use the boat/kayak ramp across the parking lot from the Discovery Center (next to Go Ape). This pass is not valid at the Dandy Trail ramp at the south end of the lake near Ric's and the beach at the Marina is now restricted to Marina renters.

**2018 HCKC-Eagle Creek Pass:** HCKC Members **must** print the 2018 HCKC pass and show it to the Eagle Creek gate staff to get in without paying. The fee for park admittance is normally \$8 for a car with one kayak or canoe otherwise.

#### To Get the Pass:

Login to the new HCKC web site at <a href="www.hoosiercanoeclub.org">www.hoosiercanoeclub.org</a>. Your name will appear in the upper, right corner of the screen after you are logged in.

Move your cursor over the Information Tab in the top menu and then click "2018 Eagle Creek Pass" in the menu that drops down or jump directly to:

http://www.hoosiercanoeclub.org/EagleCreek

**Note**: You must be logged in before you can access the pass.

I'll see you on the water.

### Sea Kayak Trip Announcement - South Bass Island Rendezvous

Thursday - Sunday, June 7-10, 2016

Trip Sponsor: Jim Sprandel

We will go to the Sandusky, Ohio area for the South Bass Rendezvous. The South Bass Rendezvous is a gathering of paddlers at the campground on South Bass Island. This is not an organized symposium with organized classes and tours - people get together and set up informal paddles to nearby island.

We will join the rendezvous paddlers for social activities such as the Friday potluck dinner and a full day of paddling on Saturday. After Sunday morning breakfast, we'll break camp, cross to the mainland (by kayak or ferry as appropriate for the weather), and drive home.

We will have at least two full days of paddling, weather permitting (Friday and Saturday). Paddling opportunities are numerous and include a circumnavigation of the Bass islands (trips to nearby Kelley's, Middle Bass and North Bass Islands and several small islands in close vicinity).

### Trip schedule

Requirements

Put-in: Thursday, June 7, 11:00 AM at Catawba Island, OH at the terminal of the ferry to South Bass Island (5174 East Water Street, Port Clinton, OH 43452, <a href="https://www.millerferry.com/">https://www.millerferry.com/</a>)

Departing from Ohio's north coast, we will make a 3-mile open water crossing to South Bass Island State

Park (our camp ground). In the event weather conditions do not allow for the crossing, the ferry is available to get out to the island with our cars/kayaks (\$17/car).

Take out/return: Sunday, June 10 morning

Camping - We will camp in the South Bass Island State Park (http://parks.ohiodnr.gov/southbassisland) and make day trips from there.

The club has reserved two camp site that will accommodate up to 8 persons, for Thursday through Saturday nights. Please contact me if you plan on joining this trip and I will fill spots on a first come -first served basis.

Weather Contingencies - If conditions make it unsafe to paddle from the mainland to South Bass Island or back, you can

take your kayak and gear out to the island with your car on Miller's Ferry. We have room for 2 cars in the campsite. Information on Miller's Ferry is available at: https://www.millerferry.com/put-in-bay/put-in-bay-schedule/ (\$17/car/



### This is a sea kayak camping trip that requires experience with open water paddling in 2-3 foot waves. A 16-foot or longer sea kayak with waterproof bulkheads is required. All participants should be able to paddle 10 miles on a day trip under normal conditions. All participants should be proficient with self- and assisted rescues and carry appropriate personal safety gear. Kayak camping experience is recommended. All participants provide their own meals, and please bring something to share for the rendezvous potluck events on Friday night.

Contact information = Please RSVP by e-mailing me at merlin-3d@sbcglobal.net by June 1, 2018. Camping sites slots are limited and I will assign tent spots on a first-come, first served basis.



### **Driftwood River Trip Announcement**

Saturday, June 2

**Trip Sponsor: Sue Foxx** 

Join us for a beautiful paddle down the Driftwood River near Columbus. We will begin at Furnas Mill on Sugar Creek and paddle to Lowel Bridge.

It is about 14 Miles so be prepared with gloves, sunscreen, water and lunch. Beginners are welcome as long as they have the endurance for a little longer paddle. I say this tongue in cheek because last year we did it in record time due to high water. The plan is to stop half way for lunch on a sandbar. Following the paddle, folks often go into downtown Columbus for ice cream.

Meeting time: 9:00 am

Meeting location: Shell station just off I-65 at exit 80 (first Edinburg exit)

We will then caravan to Furnas Mill Dam on Sugar Creek. Shuttle: 9:30 (take cars to Lowel Bridge and return to put- in)

On the water: 10:30

Trip Leader: Sue Foxx 317-363-4074 (cell) or sufoxx713@aol.com

Contact the trip Leader by 7 pm Friday, June 1, if you plan to attend or for any questions. If weather or high water cause the trip to be cancelled the trip Leader will send out a message with the alternate date of June 9 for the trip.

### Reminder—Get your 2018 DNR Lake Permit



You must have a 2018 DNR Lake Permit if you want to paddle your boat in Indiana state parks, state-managed reservoirs, or state forests. Annual permits are still only \$5 per boat per year. The fine for paddling on Lake Monroe without a sticker is over \$100 and is enforced by the state's conservation officers.

Permits may be bought at the Indiana Government Center (402 W. Washington St., Room W160) in Indianapolis or at the property offices or entrance gates at state parks, reservoirs, and forests when they are staffed. You can also buy them at the DNR booth at the Boat, Sport, and Travel Show in February. Alternatively, you can buy stickers on-line at:

http://stores.innsgifts.com/watercraft-exp-12-31-15/

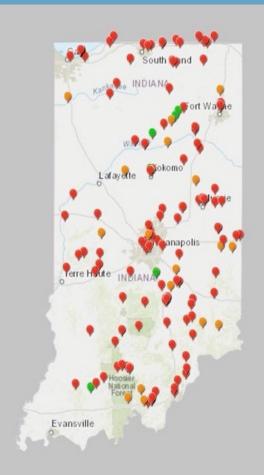
**Note:** Early in the season, attendants will be available at some launch ramps. However, not every ramp and not every day so be sure to check at the park you are going to before you head out. You can also visit the DNR booth at the Boat Sport and Travel show and purchase your permits. Pet the bison while there.

# HOOSIER CANOE & KAYAK CLUB LAUNCHES LOW HEAD DAM REMOVAL AND SAFETY INITIATIVE

LOW HEAD DAMS ARE:



### **OVER 150 DAMS IN INDIANA**



### **LOCATION OF LOW HEAD DAMS**

MISSION STATEMENT: Initiate the removal of Low Head Dams in Indiana through public education and working directly with and engaging those organizations, clubs, schools, and public officials/legislature that can influence such results. River and water safety education is paramount in accomplishing this goal.

### <u>CURRENT WORKING INFORMATION REGARDING LOW</u> HEAD DAMS IN INDIANA:

Over 150 low head dams in Indiana. (the public is uninformed) Inadequate signage signaling the approaching dam. Little or no information available regarding the location of these dams to unsuspecting paddlers...and the dangers of encountering

DNR has designed an interactive app showing location of all known low head dams in Indiana

Many of the LHD are on private property requiring education and diplomatic negotiations with the owners...(maybe, offer incentives)

Many Indiana legislators may be uniformed regarding this issue: educate

Average age of drowning in a low head dam accident is 20.5 years.(youth education is paramount)

24 incidents in Indiana LHDs in 2017: 6 deaths and 18 recovered rescues

#### THE HOOSIER CANOE AND KAYAK CLUB'S GOALS IN THIS PROJECT

Outreach to the paddling and on-water recreational clubs, organizations, liveries, etc, in Indiana by: working independently but cooperatively with the DNR & Silver Jackets.

Developing an interactive platform in order that information on the issues and initiatives can be accessed readily...Currently, we are in communication with the Pelorus Project (Fort Wayne) regarding redevelopment of the Pelorus website, with a name change and enhanced mission...Pelorus has decided to give the club administrative rights and this will happen very soon.

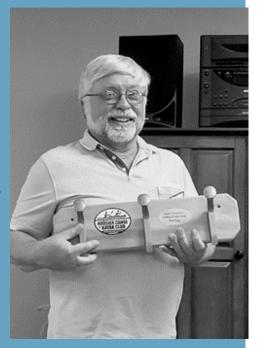
enabling all clubs to link to this site to access materials and information on the project The Over, Under, Gone video in a 10 minute version will be available as a teaching tool for educational

programs in schools and in other events. Link to the video: (click) Over, Under, Gone video

encouraging other Indiana clubs to carve out, in their organization, LHD education & safety on their website and Fb page and link directly to our platform

designing and building a Low Head Dam model—currently in process—as a working demonstration in educational venues. **Earl King, our project designer on this model is almost at completion: See model below.** 

[\*\*Our club's website is completely independent of the DNR website and will function as a singular voice for recreational clubs and its associate organizations and membership. We are not part of any governmental agency when performing club activities including outreach and education].



# Follow Progress in the newsletter or on Fb until our website is up and running

Direct any questions to **Mariann Davis**, <u>marianndvs@gmail.com</u>, Subject: Low head dams

