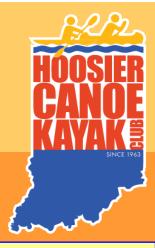
## The Hoosier Paddler

Month August 2017, Vol. 55 Issue 8 http://www.hoosiercanoeclub.org/

## From the Skipper:

I'm literally copying and pasting the Skippers Note from our last newsletter below, as the situation on our water ways has only worsened. In addition to our classes, remember that our entire club is a resource. Even if you're not a member, feel free to reach out to any board member or fleet captain with questions. Our board members have literally hundreds of years of combined paddling experience (I think Dave Ellis has at least 150 alone J) and the depth of the entire club goes much deeper. I know that I can speak for all board members that we'd rather each have to answer 100 email questions than see another tragedy. So far this year has brought high water, which has been great for the white water folks; but not so much for the flat water trips. Along with a lot of rain, this year has unfortunately seen several tragedies on the water. Flood conditions, strainers, and low head dams have all taken a toll on the paddling community this year. I would like to remind everyone to dress for the swim, know the river you're paddling, know the boat you're paddling, have the right safety gear with you and on you, paddle with a group (preferably a group that knows how to get you out of trouble if or when needed), and take classes that make you a better paddler and even an asset to have along on a trip. Wilderness first aid, swift water rescue, and knowing how to self-rescue are all valuable skills to master. Throughout the year, we offer our members either free or discounted classes on all of these skill sets, along with access to a heated pool year-round for practice. Please make sure you take advantage of these resources, you never know if you will ever need it for yourself, for others in your group, or even a complete stranger. Paddle on and paddle safe.

Looking forward to seeing you all on the water at some point!
-Natalie



#### In this issue:

Page 1: Skipper's Note

Page 1-5: Safety Initiative Reboot

#### **Trip Announcements:**

Page 6: Muskrat's IPR on Wildcat

Page 7: Lower Tippecanoe/Wabash

Page 7: West Fork White River

Page 8: Green River, Ky

Page 9: Sea Kayak Skills Class

Page 10: Sea Kayak Thoughts

Page 11: Web Page Redesign

Extra: Don't Croak on the River Poster inside!!

## Safety Initiative Reboot Natalie Needham

Our hearts go out to the friends and families of all who have been lost this year. There have been too many deaths and water rescues this year; it's time to really reboot our safety initiative and community outreach. Not that safety was ever put on the back burner, but it has just been a really bad year on the water. This is a reboot because a few years ago, the club got together with the family of Ethan Runnels (a local paddler who never made it home), the DNR, and the Friends of the White River. With a donation from Ethan's family and lots of volunteer hours, the Don't Croak on the River campaign was born. We had posters and brochures printed out and distributed across the state. Hopefully you've seen it in person before! If not, well, that's why we're rebooting the campaign. Expect to see more beginner classes, more rescue classes, safety brochures at retailers and liveries, and hopefully, eventually, signage on the river at put ins and on the river in front of dams.

A few of the board members have met with the DNR and Department of Homeland Security, seeing what the club can do to help reach out about dam safety and help prevent future tragedies. The meeting went great and the offer to help was well received, so be on a look out for possible volunteer opportunities and be sure to check out their links in this newsletter

Feel free to pass this newsletter on to anyone that can benefit from it. Also, if you would like to write a safety article for any future newsletter, please send the article to Dwayne James at <a href="mailto:DwayneSJamesA1@hotmail.com">DwayneSJamesA1@hotmail.com</a>

In the meantime, here are a few pointers.



HCKC member Hasina Mirembe running Big Smoky Falls on Section 4 of the Wolf in WI

#### Know the river

Before you go on a trip, especially when not on a club trip, check out the river conditions. Know the hazards that could be there, like strainers; and be aware of hazards that are always there, like dams. Google Earth just isn't great for getting directions to your favorite paddling spot, but also for scanning your river trip to make sure there are no dams on your paddling route. Here, Google Earth is clearly showing the dam just east of Westfield Blvd that has been the scene of tragedy lately.



Another website that is very helpful for river information is: <a href="http://www.indianaoutfitters.com/rivers.html">http://www.indianaoutfitters.com/rivers.html</a>
They have a great clickable list of rivers and there's a plethora of information on each one.

Flow rate and gage height are also important to know before you go. Your tax dollars support it, so you might as well learn how to use it! The USGS is a great way to see how a river is flowing before you drive there. Keep a log of dates you paddled along with the flow rate and gage height. This will build your own personal library (or you can share with others) where the gages should be for a great trip.

https://waterdata.usgs.gov/nwis

Indiana's DNR also has a great page for low head dam information: <a href="http://www.in.gov/dnr/outdoor/9419.htm">http://www.in.gov/dnr/outdoor/9419.htm</a>
Be sure to check the link out above, and watch the documentary Over, Under, and Gone: The Killer in our Rivers. It's a great documentary and you will learn a lot!

The DNR will also have a large display at the Indiana State Fair. Be sure to stop by, thank them for their service, and ask any questions you may have.

#### **Know Your Boat**

How far can you lean without tipping over? Can you get back in your boat in deep water if you have to? Do you know how to throw a rope bag? Learn how in a safe and controlled environment at Thatcher Pool 4649 W Vermont St, Indianapolis, IN 46222. Summer hours are every Wednesday from 7-9pm for \$10.



#### Thank you

Finally, a big thank you to all of the first responders and swift water rescue teams that have been putting their lives on the line to save others this year and all the other years. Let's give them a well-deserved break by reaching out to other paddlers, especially the

beginners, and make every paddler aware of the dangers of moving water and deadly low head dams.

#### City of Columbus Dam Update

The City of Columbus is getting rid of their dangerous low head dam, and seeking public input. Many of you filled out the survey that was presented on their website. From what I see from the survey results, I think there is a strong possibility for a white water play park!

The next meeting looks to be scheduled in September.

Check out the survey results, progress, and any other announcement on this website: https://www.columbusriverfront.org/

## Volunteers wanted for Safety Support at Eagle Creek Full Moon Paddles August 4-5, September 8-9, October 6-7

This year, Jeff Coates will again be leading Full Moon paddles sponsored by the Eagle Creek Outfitters located at the Marina in the north part of Eagle Creek Park. People rent canoes and kayaks from the Eagle Creek Outfitters and Jeff guides them on a 2-hour paddle up Eagle Creek Lake and back. Jeff provides background on the park and its plant/animal life while they paddle. For many years, the HCKC volunteers have provided safety support for these paddles since they often get up to 30 new paddlers out for a given full-moon event. Our volunteers typically help adjust boats for paddlers, give advice to new paddlers who are having problems once they get on the water, sweep, keep an eye on the group, and occasionally tow paddlers to the motorized support boats. This is a great opportunity to talk paddling and let people know about the Hoosier Canoe and Kayak Club. Full Moon Paddles will be held on the following dates: Friday June 9, Saturday June 10, Friday July 7, Saturday July 8, Friday August 4, Saturday August 5, Friday Sept. 8, Saturday Sept. 9, Friday Oct. 6, and Saturday Oct. 7

If you would be interested in helping with any of these paddles, send an e-mail to Jeff Coates at <a href="mailto:truenorth360@comcast.net">truenorth360@comcast.net</a>.

#### SAFETY BROCHURE: COMING SOON TO A RETAILER OR LIVERY NEAR YOU!

tatistics tell us that paddle sports such as canoeing, kayaking and rafting, are very safe. But every year, Indiana newspapers carry grim stories of paddlers drowning on streams and lakes around our state. The saddest part is that most of these fatalities are preventable, and many lives could be saved with just a little bit of basic safety knowledge. As you take up this wonderful sport, the Hoosier Canoe and Kayak Club hopes you will also take just a few minutes to learn about the major paddling hazards, and what simple steps you can take to avoid them.

Wear your life jacket. This is the single most important thing you can do to stay safe on the water. Some ninety percent of drowning victims are found without any type of Personal Flotation Device (PFD) and safety experts estimate more than 70 percent of the victims would have lived if they had simply worn a PFD. It doesn't help to sit on it or to wear it loose. It should be fastened snug and it should float you high. For a small child, the PFD should also be secured with straps running under the legs.

Beware of cold water. In all types of boating, the direct cause of drowning is very often an unexpected dunking in cold water. The sudden shock causes the victim to gasp, and take a lung full of water. Or the chill of the water causes hypothermia, which quickly saps the body's strength so victims can't swim to shore or keep themselves afloat if they aren't wearing a PFD. The solution is to dress for the cold. Invest in a wetsuit or drysuit if you intend to paddle water less than 60 degrees. Next best option is layers of synthetic fabrics like fleece and polypro. Natural fibers like cotton won't keep you warm when wet (jeans are about the worst choice for paddling.) Hypothermia is a risk whenever air and water temperatures add up to less than 120 degrees. It's a good idea to carry dry clothes in a waterproof bag, just in case.

Avoid traps—whether manmade or natural. Fatal accidents often begin with an encounter with a "strainer"—it can be tree in the water, a branch low to the surface, a log jam or anything that lets water pass through but holds boats and swimmers. Be alert for strainers and give them a wide berth. Lowhead dams are another kind of death trap. Because the drop is small, paddlers sometimes assume they are harmless.

But powerful reversing currents on the downstream side turn them into "drowning machines," almost impossible to escape. Always carry your boat around them (portage) and put in well downstream of them.

Use good judgement! The ultimate "life preserver" is that little voice in our heads that warns "This isn't right." Listen to it. You already know better than to paddle "under the influence." Alcohol is a contributing factor in many boating accidents. Stay off of flooded rivers. It may look exciting, but its very dangerous. There's nowhere to stop and rest, strainers are everywhere as the river rises out of its banks and into the trees. Beneath a calm surface, powerful currents surge and boil in unpredictable ways. Same goes for thunderstorms—water is a fine conductor for lightening. Don't put on if a storm is coming; if one catches you, get off and wait it out. Don't paddle solo. It something goes wrong, there's no one to help you. Experienced paddlers try to gather a group of three at least. It's much safer and it's more fun.



Join a group and build your skills. The statewide Hoosier Canoe and Kayak Club welcomes new members. It's the oldest and largest organization in Indiana devoted to flatwater, whitewater and sea kayak paddling. For only \$15 per year per family, we offer a chance to make new friends who share your interests, get year-round training and practice with experienced paddlers, and enjoy organized adventure trips in Indiana and beyond.

Paddle Safe Indiana is a campaign of the **Hoosier Cance & Kayak Club.** Check us out online at www.hoosiercanoeclub.org.

WITH THANKS TO OUR SPONSORS AND PARTNERS:

THE FAMILY OF ETHAN RUNNELS

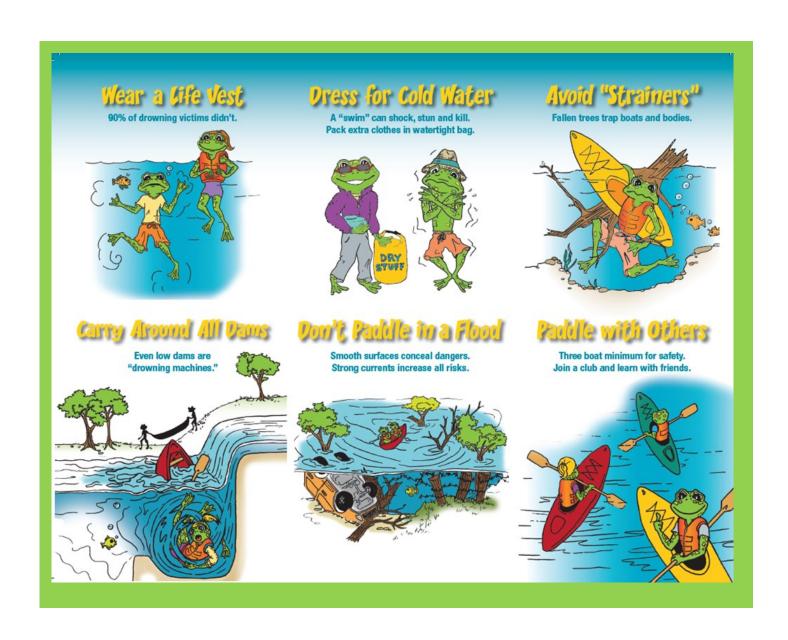








PADDLE SAFE INDIANA www.hoosiercanoeclub.org



## **Trip Announcement:**

# Muskrat's Wildcat Creek Expeditions

Newsletter......Chapter 1157......July 8th 2017



## 32nd Annual Indiana Paddlers Rendezvous

August 4-5-6, 2017

## IPR Reservations Muskrat Needs From You......

Hey Paddlers,

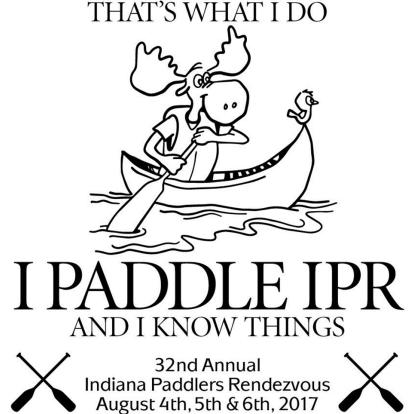
We finally have a completed design for this year's IPR T-shirt. These T-shirts will be available to purchase at the Wildcat Park Registration Table during all 3 days of the IPR. The T-shirt design for 2017 is shown in the picture below (and also as an attachment), along with color descriptions.

This "Fun For All" Design will be Dark Blue Ink On A Light Blue 100% Cotton Shirt

However, please be advised that you really need to place a **Reservation** for the Shirts that you want. We purchase only a few extra Shirts of each size above the number of each that gets reserved.

Just reply to my email - <a href="mailto:garryhill@aol.com">garryhill@aol.com</a> - and let me know how many T-shirts you want to reserve and what sizes you need. Please reply ASAP or no later than Sunday evening, July 30, when I will tally the final order.

If you cannot attend the IPR, you can still place a T-shirt Reservation. The Shirts you reserve will be mailed to you at a later date.



## **CHILI RESERVATION**

I also need Reservations for our Saturday evening Chili Supper.

The amount of ingredients that I dump into the Kettle depends on the number of Reservations I receive. I have only a few Chili Reservations at this time. Please Let Me Know. Thanks.

## See You At The IPR, Muskrat

Garry Hill 1021 Eastcrest Drive Greentown, Indiana 46936 home......765-628-3155 cell.......765-432-6782 garryhill@aol.com

## **Trip Announcement**

Lower Tippecanoe/Wabash trip, Saturday Aug. 26, 2017 Trip Sponsor: Judy Thompson

Usually by late August, most of the smaller streams in Indiana are too low to enjoyably paddle. That makes it a good time to paddle larger rivers. Watch for an email about the meet up time and place. This trip will put in by the Springboro Bridge on SR 18. The access is west of the Tippecanoe River and north of the bridge. The take out point will be from the Wabash at Davis Ferry Park north of Lafayette, south of the Wabash River and west of N. 9<sup>th</sup> St. Contact Judy Thompson judythom@wigi.us if you plan to attend, so I can let you know of any last minute changes.

## **Trip Announcement**

## West Fork of the White River from Anderson IN to Perkinsville IN

Date: Saturday, September 23, 2017

Stay later for dinner at the famous Bonge's Restaurant across from the Take out.

Time: Meet Time @ 9:30 at put in Anderson IN; (Proceed to take-out about 20 minutes away)

<u>Meet up/Put-in location:</u> Edgewater Park In Anderson (801 East 10th Street, Anderson IN 46012)...Use address for your GPS <u>Important:</u> Bring PFD, Sun screen, water, lunch (5 1/2 hour trip), dry clothes for after paddle meet up at Bonge's

This will be the second year for this trip and was borrowed from Garry Hill's playbook. We will paddle about 15 miles—a little longer than most—on a gently flowing very pretty section of the river. Flatwater paddlers of every ability are welcome. Be aware

that this section of the river can be shallow at this time of year, so check your email after 7pm on Friday Sept 22, for any last minute updates or changes.

The after trip will continue in Perkinsville @ Bonge's tavern for those who want to partake. Here is the website with menu offerings. <a href="http://www.bongestavern.com/bonges-store/">http://www.bongestavern.com/bonges-store/</a> \*\*\*I will contact the restaurant for info accommodating a larger party and check to see if a lesser (Sandwich) menu is available. Let me know at least a week ahead if you will eating at Bonge's.

Contact: Mariann Davis @ marianndvs@gmail.com if you plan to attend or have any questions. Hope to see you on this trip...
Mariann



## Green River Overnight & Solar Eclipse Paddle, Mammoth Cave NP, KY;

Date: August 18-21

Trip Sponsor: Natalie Needham

If you have ever wanted to try to camp out of your boat, this trip is for you! One of my favorite places to paddle, the Green River runs right through Mammoth Cave National Park and is a great outdoor resource available to all for hiking, fishing, camping, and especially kayaking or canoeing. Wildlife abounds in the park, and it is not uncommon to see deer, wild turkey, bald eagles, raccoons, beaver, or hear the howls of a coyote pack in the distance. Since this is a National Park, fishing is permitted without a license so feel free to bring your pole! If you don't have a pole, let me know and I may have an extra one for you to borrow.

#### Friday

I plan on heading down early Friday and plan on camping at the Mammoth Cave National Park campground. The campgrounds are nice and clean; have flushing toilets and pay showers. Please let me know if you would be interested in camping as well, as we can share sites, etc. Cost is \$20 per night and up to 8 persons per site. I plan on reserving sites for 3 nights in case of inclement weather or river conditions.

Campground details: http://www.nps.gov/maca/planyourvisit/macacampground.htm

Saturday

Meeting Point: Mammoth Cave Campground Store

For those who are not camping Friday night, we will meet at the campground store. There is little to no cell phone service in MCNP, so please plan on meeting Saturday at 9:30 am EST (8:30 CST). We will promptly leave at 9:45 am EST to the put-in.

Mammoth Cave National Park map: <a href="http://www.nps.gov/maca/planyourvisit/loader.cfm?csModule=security/getfile&PageID=69446">http://www.nps.gov/maca/planyourvisit/loader.cfm?csModule=security/getfile&PageID=69446</a>

Put In: Dennison's Ferry

We will caravan to the put-in, unload and run our shuttle. Shuttles will have to be figured out at the put-in based on vehicles, number of people, and who is going where. Shuttle time will be a little over an hour total.

Some people don't like camping and would rather explore on their own and sleep in a bed, I get that. So, for those of you who opt to sleep off the water you can take out at the Green River Ferry. It will be a nice 8 mile paddle for you on Saturday. For those of us sleeping river side, we will continue to paddle down to our target camping spot of Sand Cave Island; located close to Turn Hole Bend. Camp spots are first come, first serve, so I would like to get to our island in the early evening so we can set up, gather wood, and relax for the night. Campers will paddle a total of approx. 12 miles Saturday. I will be bringing a cooking grate and a percolating coffee maker to share; you will need to bring what you would like to cook, eat, mix, etc.

For those camping, I will get our free camping permits Friday. I will need your vehicle's Make, Model, and plate number, along with emergency contact info. Your vehicle must have this permit displayed if you leave it overnight in the park.

Suggested things to bring for camping:

Although downed wood can be used for firewood, it is always appreciated if you bring along some charcoal in a small ziplock baggie. Other suggested items include: flash light, bug spray, sunscreen, plenty of water, paper plates, paper cups, personal toiletries, tent, a couple of trash bags, sleeping bag, sleeping pad (we usually camp on a gravel bar), change of clothes, a positive attitude, sense of humor and don't forget to pack food for Sunday. One tip I like to adhere to is to freeze my water bottles instead of bringing ice. They stay frozen longer and you will always have ice cold water to drink.

Here are some other tips:

http://www.paddling.net/guidelines/showArticle.html?317

Sunday

If you opted to not camp and still want to paddle on Sunday, you can meet us campers on the river. The non-campers will need to run their own shuttle on Sunday. It sounds complicated, but it worked out pretty well last

time. Plan to meet on the river no later than 11 am EST, just keep paddling until you see a bunch of happy HCC campers. J

Campers will have an approx. 8 mile paddle on Sunday, with non-campers paddling 12 miles. Take out will be at Houchins Ferry.

Paddlers will be required to sign the HCKC Trip Disclaimer before embarking on our adventure. You can review the trip disclaimer in advance here:

http://www.hoosiercanoeclub.org/tripwavier.pdf

If you have never been to this area of KY, here is a sneak peek of the scenery:

http://www.nature.nps.gov/air/webcams/parks/macacam/macalargerimage.cfm

If you have any questions or need any more info, please feel free to contact me (Natalie)

at natalieHCCkayak@gmail.com

Please put Mammoth Cave in the subject line when emailing me.

Note: the removal of the dam downstream of Mammoth Cave has changed the river a bit, so some adjustments to the itinerary may be necessary. Stay flexible. :)

Monday Day 3: Place to be determined, but hopefully we will be viewing the eclipse from the water. Bowling Green is right in the path of the full eclipse.

#### **Kayaking Skills Classes – Introductory and Intermediate Classes**

Instructors: Dave Ellis, Duane Garloch, Jim Sprandel

Date: Saturday August 19, 2017

Our training classes are filling quickly this year. Many people are taking advantage of the Introductory and Intermediate classes that we are offering this year. There are still open slots for the classes coming up in June, July, and August. The class will be held from 9:00 to 3:30 at Eagle Creek.

Introductory Class are intended to ground new paddlers in the fundamental of kayak strokes, maneuvers, and safety issues. The Intermediate class works with more experienced paddlers to refine their technique.

**Still Room in June, July & August Classes:** There is still room in the upcoming classes in June, July, and August. You can sign up for these classes at:

Sat., June 24, 2017 <a href="http://www.hoosiercanoeclub.org/event-2527419">http://www.hoosiercanoeclub.org/event-2527419</a> Opening for 1 Intermediate Student Sun. July 16, 2017 - <a href="http://www.hoosiercanoeclub.org/event-2527422">http://www.hoosiercanoeclub.org/event-2527422</a> Opening for 1 Introductory Student

**Sat. August 19, 2017** - <a href="http://www.hoosiercanoeclub.org/event-2525973">http://www.hoosiercanoeclub.org/event-2525973</a> Several openings for both Introductory and Intermediate Students

## **Updated HCKC Trip Waiver and Sign-In Sheet**

At the Members Meeting last November, the club approved club by-laws to change the club liability waiver. An updated version of club waiver is available on the web site. Trip sponsors should ask all participants to sign in using this updated waiver this year.

#### To access the Waiver:

Log in to the HCKC Web Site.

Move the cursor over the "Information" tab in the top menu and select "Club Documents" in its drop-down menu.

In the "Club Documents" menu, click on "Trip Log and Waiver Form" under Trip Documents near the top of the web page. Trip sponsors may want to bookmark this page for their upcoming trips:

https://hoosiercanoeandkayakclub.wildapricot.org/resources/Documents/Club%20Documents/TripWaver2017.pdf

### **SEA KAYAK Thoughts**

## Jim Sprandel

July was a good month – we started with the NWIPA New Buffalo to Michigan City Paddle and then following that up with an amazing full moon paddle on Cagles Mill Lake.

New Buffalo-to-Michigan City Paddle, June 1-2 – The weather was beautiful for our Lake Michigan with paddlers from Northwest Indiana Paddlers Association (NWIPA) and Western Michigan Coastal Kayak Association. The weather was warm, skies clear, some wind, and waves about 1'. 26 paddlers made the 15-mil trip from New Buffalo down toward Michigan City on Saturday, July 1. Many thanks to Dan Plath and NWIPA for organizing the trip and providing us with such great camping space near Michigan.

On Sunday morning, 8 HCKCers launched from Dunbar Beach and paddled outand-back along the Dunes for about 8 miles near Indiana Dunes State Park. Fun weekend and a good paddling experience. Can't wait until next year.



Cataract Falls Full Moon Paddle, July 8 – Twenty HCKC paddlers met at Cunot Ramp and launched up to Cataract Falls. There had been a lot of rain lately but we were safe since we were paddling the headwaters of Cagles Mill Lake. We got to the falls around 9:00 pm and the full moon peaked over the falls a few minute later. There was a lot of water coming over the falls from Mill Creek so that there was a lot of turbulence near the fall. The sun set at 9:30 pm and we made our way back to Cunot in the dark except the glow of the rising moon. (Cataract Fall photo by Julie Sinclair)

**Looking Forward** – We have 14 HCKC paddlers heading out into the islands at the Apostles Islands National Lakeshore. Our reservations are made and we are down to training to get into good enough to handle the 80+ mile week that we will have there. In September, we will visit Manitou Island near Sleeping Bear Dunes.

Sea Kayak Newsletter - In addition to scheduled events, the sea kayak fleet has spontaneous events on some weekends. We use a Google E-mail list (IND\_TOURING\_KAYAKS) to let people know about upcoming events. We also use this list to remind people of upcoming sea kayak events and to discuss touring questions. Contact Jim Sprandel (merlin-3d@sbcglobal.net) to be added to the E-Mail list.



Cataract Falls on Mill Creek at Cunot Ramp, July 8, 2017

#### New Tools on the HCKC Web Site

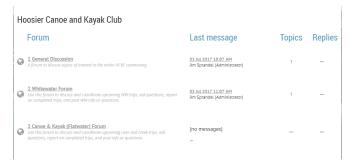
Since the last newsletter, we have added two new features to the HCKC Web Site.

#### Integrated Member Forum (a.k.a. Bulletin Board) -

On July 3, the club moved from the bulletin board that we had been using since 2002 to the forum provided on the club's new web server. All HCKC members are free to post messages and reply to messages after they log into the HCKC web site. Like the old site, non-members and members who have not logged in may view posts.

The new bulletin board can be useful since it allows two-way communications among members like Facebook. The Whitewater Fleet has been using it for many year to announce and coordinate trips. It is also an excellent way to let people know about equipment that you want to sell.

Take a look at the Forum by selecting "Forum" in the top menu on the HCKC Web Site.



There are forums for General (Topics for all club members), Whitewater, Canoe & Kayak (Flatwater), Sea Kayaking, Gear Swap, and Kayak Fishing.

Once you get on, look in the "Gear Swap Forum" to see what people are selling.

If you want to create your own message, click on the Forum where you want to post a message and select "Create topic" at the top of that forum.

#### Search the HCKC Web Site -

You can now search for a topic on the HCKC web site. We are using the Google Custom Search Engine for this feature. This tool automatically searches all HCKC Web Pages, past and upcoming events, and referenced documents. This includes past newsletters and board minute in our archive going back to 2010.

To search for something, move to mouse over "Information" in the top menu on HCKC web pages and then select "HCKC Web Search" in the pop-down menu that appears. You will then see the following menu:

Search HCKC Web Site	
	Search
	Search powered by Google Custom Search Engine

Type in the text that you want to look for and press Return. Your search results will appear on the next screen. There may be 2-3 non-HCKC links associated with your search at the top of this page but HCKC search results are listed below this.

For example, you might want to search the HCKC web site to get information on Sugar Creek. Type in "Sugar Creek" in the search box and press Return. The search returns 19 references to "Sugar Creek" from the pages on the HCKC Web Site and past newsletters...

## Come on out and join in the fun with the Hoosier Canoe and Kayak Club!







