

The Hoosier Paddler

Month May 2016, Vol. 54 Issue 4

<http://www.hoosiercanoecub.org/>



From the Skipper:

May brings the unofficial start of summer along with more trips, camping opportunities, and festivals. At the beginning of May there is the Muscatatuck River Rendezvous down in southern Indiana. It's not a club event, but I hear it's fun! There is also a demo day at Rusted Moon Outfitters on May 13-15. Speaking of demo days, please save the date for June 12th as HCKC has its first demo day and open house at Geist Park. All members are encouraged to bring as many of their boats as they can and members and non-members alike can take turns trying out different boats. We've rented out the pavilion and will grill some hot dogs. Look for future emails and the June newsletter for the most up to date details. Also, please keep an eye out for a change in the flatwater calendar. The May 8th and May 15th trips will most likely get rescheduled too late to publish details in the newsletter so please watch for an update on the calendar and an email blast.

See you on the water!

Natalie

In this issue:

Page 1: Skipper's Note
Save the Date Pirate Paddle!!

Trip Announcements:

Page 2: Driftwood River
Page 2: Cagles Mill Lake
Page 3: Sea Kayak Trips
Page 4: Eagle Creek Tuesdays
Page 7: HCKC Boat Demo

Training Opportunity:

Page 4: ACA Level 1/2 ICW
Page 5: Intro to Kayaking
Page 6: Open Water Rescue
Page 8: Hoosier Riverwatch

Send your write-ups to:
dwaynesjamesa1@hotmail.com



Cagles

Mill

Lake

May 14th

Save The Date!!! Pirate Paddle October 15, 2016

Aye Maties! 'Tis the year when all pirates and scoundrels will be convening for the gath-
erin' on the Great White River. Set yer courses for . . .

Saturday, October 15, 2016

Pirate Paddle & Party
Indianapolis

White River Yacht Club, Broad Ripple,



The Newsletter of the Hoosier Canoe Club

Trip Announcement

Location: Driftwood River

Date: May 21, 2016

Sponsor: Sue Foxx (317-363-4074) or sufoxx713@aol.com

This year we will paddle the lower section of the Driftwood (8-9 miles) putting in at the Tannehill Road PAS and taking out at Mill Race Park in Columbus, IN. This park has a covered bridge, an 84 foot observation tower, 2 fishing lakes and is a short walk from downtown dining options such as Zaharakos Ice Cream Parlor. I know I plan to walk over and reward myself after the trip and hope you will join me. Plan to bring lunch, water, and sunscreen. We will look for a gravel bar for lunch but this area is subject to rapid changes in water level so we might be eating in our boats or picnicing at the take out.

The trip is appropriate for all skill levels, so we welcome any beginners with the club.

Meeting Place: McDonalds (1199 N. US Hwy. 31, Edinburgh, IN 46124 (We will caravan to the put-in)

Schedule:

9:45 am	Arrive at McDonalds
10:00 am	Caravan leaves for the Put-in
10:30 am	Run Shuttle
11:00 am	Start Paddling
2:00 pm?	Land at Take out, pack up and head for ice cream

Contact Sue Foxx (317-363-4074 or sufoxx713@aol.com) to confirm your participation by 7 pm on Friday, May 20th, which will allow her to contact you if there are any challenges due to water level.

Trip Announcement: Cagles Mill Lake Paddle

Cagles Mill Lake Paddle @ Lieber SRA Beach Saturday, May 14, 2016

Trips Sponsor: Mark COWSER

This year, we are going to paddle Cagles Mill Lake . The lake has a different feel when the water level is closer to winter stage.

We will launch from the beach at Lieber State Recreation Area. If the beach is still underwater, we can launch from the road down to the beach and park at the top of the hill. We will then paddle down the lake past Cunot PAS and up to the falls.

The trip from the Lieber SRA Ramp up to the falls is about 6.5 miles and the first 2.5 miles cross open portions of Cagles Mills Lake which can get choppy and windy. We will probably have lunch up at the lower falls. Shore conditions at the falls are very dependent on water level.

Meeting Place: If the [lake stage](#) is below 629, we will meet at the East end of the Swimming Beach at Lieber SRA. If the lake is above 630, we will either have to unload our boats on the road down to beach or we may be able to use the ramp parking area at the west end of the beach which is a few feet higher than the beach.

Directions: From I-70 and I-465 on the Indianapolis West side, drive west on I-70 to the SR 243 exit (Exit 37). Drive about 3 miles south on SR 243 to the Lieber SRA Entrance and follow the signs to the beach within the park. (The SRA is approximately 45 minutes from I-465 and I-70 on the Indy West Side.)

Note: There is a \$5 fee to enter the park and you must have a DNR Sticker for you boat—these stickers are usually available at the SRA gate.

What to Bring: Be sure to bring your boat, paddling gear, water, your [lunch](#), [sun](#) screen, and insect repellent. I strongly recommend a spray skirt since we may be dealing with wind and boat chop in the first 3 miles.

Due to the mileage and possible lake conditions, sea kayaks or touring kayaks with spray skirts are recommended

Paddling Distance: 13-15 miles.

Schedule: Plan on being at the put-in and ready to launch at 10:00 am—we should get off the water around 3:00 pm. **Contact Information:** Please e-mail me at cowser_mark@att.net by 6:00 pm Friday May 13 if you plan to attend so I can get latest conditions to you.

The Newsletter of the Hoosier Canoe Club

Sea Kayak Thoughts

Jim Sprandel

Our paddling season is here. The air temperature and water are warming up – the trees and flowers are popping out. It's a great time to be alive and out on the water. Our paddling season is ramping up with trips to Brookville, Cagles Mill, and Fontana lakes. Life is good.

Eagle Creek Tuesday evening paddles start in May – a good chance to tune up your paddling for the coming season at the weekly touring training paddles that several of us meet for every week. Nothing like cruising along the lake at a smooth clip and seeing the wildlife in the park.

Upcoming Trips – In April and May, we will be having several interesting trips that you may wish to take advantage of:

Brookville Lake – Saturday, April 30 – Information on this trip is in the April Newsletter and was sent out in the Touring mailing list. See you there.

Cagles Mill Lake, Saturday, May 9 – Mark Cowser will host this trip. See Mark's trip announcement in this newsletter. This is an interesting trip in the Spring because the lake stage is usually 10-20 feet over summer stage (630 feet) so that you can explore and find shortcuts through areas that are normally solid ground. It's also cool to see Lower Cataract Falls with only a 1-foot drop.

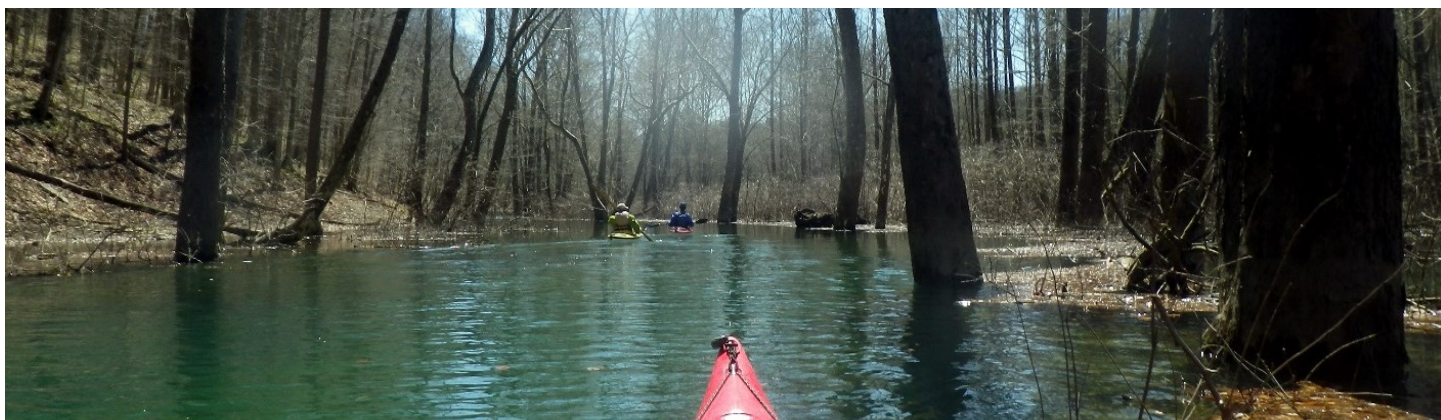
Lake Fontana Overnight Trip, Wednesday May 25 – Sunday May 29 – This is a trip that we've never done before – there are a number of paddle-only campsites that we will be able to access. Should be interesting since Lake Fontana is the south boundary of Great Smoky Mountains National Park. I have mailed trip details to the Touring Kayak mailing list.

Training – The upcoming Introduction to Kayaking courses are discussed later in this newsletter. On June 4, Duane Garloch will have an Open Water Rescue Water Clinic for sea kayakers – a good chance for everyone to practice their rescues that we may need to refresh before taking big water trips later this year. These classes are important since they insure that we know how to react when conditions get interesting.

Dave and I will be having an intermediate skills clinic in early July – if you have suggestion for what you would like us to cover, e-mail me. Possible options are: forward stroke, intermediate turning maneuvers, stroke refinement, techniques that you need to play in surf, bracing, or linking strokes.

Spring Lake Monroe Overnight Paddle – Chalk up one for nature as well as common sense, we were supposed to paddle and camp out on Saturday, April 2. You may remember that there were 50 mph winds roaring through Indianapolis and Bloomington – the waves on Lake Monroe could be treacherous with that wind coming out of the West. Wisely, Kevin decided to cancel Saturday's paddle and just day paddle on Sunday since the wind dropped to under 15 mph. It was a great paddle and we covered almost 12 miles – running up to Pine Grove Ramp, down to Patton Cave, and then back to Cutright. Too nice a day to stay indoors.

Jim Sprandel



The Newsletter of the Hoosier Canoe Club

Eagle Creek Tuesday Evening Paddles

Jim Sprandel

Eagle Creek paddles will be held on Tuesday afternoons and evenings again this year. These are unstructured paddles where HCKC members can go out and explore the lake or practice skills on their own. If you want to paddle with friends, I would recommend coordinating that through Facebook or e-mail.

These Tuesday Evening paddles are provided for club members through a Partnership Agreement between Eagle Creek Park and the HCKC. The club "pays" for these park admissions by cleaning up the Eagle Creek shore and providing safety support for the Wednesday evening and week-end paddles provided by Eagle Creek Outfitters. In September, we will tell you how to help with the shore line clean-up and I will let people know more about the Sunset/Full Moon paddles in the next month.

When: Tuesday Afternoons/Evenings - May 3 through September 27, 2015

Starting Time: HCKC Members may enter the park any time after 1:00 pm on these Tuesdays. However, most members do not show up until after work.

Park Closure Time: When you enter the park, look at the park's closing time that is posted at each of the park gates. It changes during the year and they have locked at least one of the gates at that time.

Where: Kayak/Canoe Ramp near Discovery Center—Enter the park at either the 56th Street or 71st Street entrance and follow the signs to the Discovery Center or to "Go Ape!". Use the boat/kayak ramp across the parking lot from the Discovery Center (next to Go Ape). This pass is not valid at the ramp at the south end of the lake near Ric's and the beach at the Marina is now restricted to Marina renters.

2016 HCC-Eagle Creek Pass: HCKC Members **must** print this pass and show it to the Eagle Creek gate staff to get in without paying. Park admittance is normally \$8 for a car with one kayak or canoe otherwise.

To access the 2016 HCKC-Eagle Creek Pass – Click on the following URL to load the pass:

<https://drive.google.com/file/d/0BzF-e7gbsxrlV0xPSVJCc2szbW8/view?usp=sharing>

IMPORTANT: The Eagle Creek Park Pass is password protected. To open the pass, you must type in the password that Dave Ellis e-mailed to you to access the HCKC Membership List last year. If you have forgotten this password, please e-mail Dave Ellis (riverpapaw@aol.com) or Jim Sprandel (merlin-3d@sbcglobal.net). **Please allow at least one day to get the password** - be sure to include your name and e-mail address when requesting this information.

Training Opportunity

May 6-8 : ACA Level 1/2 ICW- Essentials of Kayak Touring Instructor Certification Workshop

Join the ranks of our certified HCKC instructors and help teach our members the joys of kayaking. This weekend ACA class will be held at the Wildcat Kokomo Reservoir. Friday, May 6 5-8pm, and Sat/Sun 9-5. Cost \$325.

The course is not a skills course and geared towards the more seasoned paddler looking for development as an ACA instructor candidate. Students may be certified at either a full L2 or L1 depending on demonstrated skill set. Contact Joe Rozsahegyi / ACA State Director to register instatedirector@americancanoe.net

Registration is available until class is filled. Tentative class size is 5, may increase to 10 based on a wait list and additional instructor availability.

This class is to certify experienced paddlers to teach kayak skills. Excellent for camps, paddle clubs, liveries, retailers and individuals to obtain formal accreditation to provide training from entry level to touring level skills. Once certified, instructors are able to obtain free liability insurance through the ACA to cover their classes. Class instructor is Ivan Bartha, Midwest division director for the ACA.

The Essentials of Kayak Touring Instructor Certification Workshop (ICW) is part of a nationally recognized curriculum provided by the American Canoe Association. This class combines both Instructor Development Workshop and the Instructor Certification Exam in one event. Participants are expected to come with intermediate kayaking skills and an ability to teach skills outlined in the Essential Eligibility Criteria which is linked below. Some equipment will be provided, but will be limited to rescue equipment and some extra paddling gear. Personal gear/clothing is the responsibility of the participant. Limited rental kayaks are available.

See ACA website for details of the L1 and L2 curriculum <http://goo.gl/0SFzMe>

Introduction to Kayaking Classes

Instructors: Dave Ellis, Duane Garloch, Jim Sprandel

Dates: Saturdays - May 21, June 18, July 23, and August 20

Here's a way to jumpstart your paddling! As a new kayaker, you may know how to move your boat around in calm water. We will work with you to make your paddling easier and more effective—to give you more control over your boat. We will work on your basic knowledge, strokes, and other paddling skills that you may need to safely enjoy the sport. This course is based on the American Canoe Association "[Introduction to Kayaking](#)" course. This is also a great opportunity to ask any question that you might have about paddling or the Hoosier Canoe and Kayak Club.

The instructors will first talk with you about the basics and then quickly get on the water to teach you how to move your boat forward, backwards, and sideways as well as how to turn and stop. While the water is cool, we will demonstrate rescue skills but you won't *intentionally* be getting into the water at this clinic unless you want to. Thatcher Pool's Wednesday night sessions are a better place to practice rescues and wet exits when it's cool out. This course is intended for newer HCKC members with recreational, touring, or sea kayaks.

Meeting Place: Eagle Creek Park – The instructor will announce the launch location via e-mail during the week before each course since our location will depend on the weather forecast and the park's event calendar. There may be up to an \$8 park entry fee to bring a kayak into the park if you don't have a park pass.

Class Size: Attendance for each class will be limited to either 10 or 15 students. Enrollees must be registered HCKC Members and will be accepted based on the order that they contact Jim Sprandel.

Please do not sign up unless you can stay for the entire clinic (9:00 am to 3:30 pm).

What to Bring:

Please bring your kayak, life jacket, paddle, paddling jacket, sun screen, lunch, and water.

Safety equipment that you normally carry (e.g., pump, paddle float, stirrup, tow or throw rope ...) so we can demonstrate how to use them. Please don't buy safety equipment just for this class.

Paddling Clothing—Even though you won't *intentionally* be capsizing, be sure to dress appropriately for the weather and water. Bring a wind-proof paddling jacket since it may be cool. We will get out more info on what to wear in the final pre-class e-mail.

Spare clothes in a dry bag! (Just in case)

Questions—Please think about what you want to learn before the class and come with questions.

Schedule:	9:00 am	Meet at Designated Location
	9:30 am	Be dressed to paddle with your boat at the launch area
	9:30 am—3:30 pm	Class
	We will take an hour around Noon for lunch and a safety discussion.	

Registration information: If you would like to register for a class or have any questions, please contact Jim Sprandel at merlin-3d@sbcglobal.net or 317 257-2063. Please send us your name, desired course date, kayak you will be bringing, paddling experience, goals for the class, and contact information (e-mail/phone number) when you sign up.

Registered HCKC members will be accepted on a first come-first served basis. You will receive an acknowledgment as soon as we process your request. Your instructor will send out an e-mail with final instructions to all participants about one week before your course.

Kayak and Canoe Fishing

Fishing from a kayak and canoe is becoming ever more popular. John Wainscott just got some new equipment and is chomping at the bit to get it out and catch some fish. With spring approaching, there is a lot of great fishing to be had in Indiana lakes and rivers. Would you like to join John out on a fishing trip? Please email John and let him know you're interested at wldleak@sbcglobal.net. This has potential to turn into a new section for the club, so please let us know if this is something you would like to do. Please remember to follow all local guidelines and laws pertaining to fishing.

You can get a refresher on Indiana regulations and purchase a license here: <http://www.in.gov/dnr/fishwild/2347.htm>

The Newsletter of the Hoosier Canoe Club

Sea Kayak Clinic and Practice Session - Open Water Rescue

Saturday, June 4, 2016

Event Coordinator: Duane Garloch

Jim Sprandel and I will lead a one-day clinic and practice session on Open Water Rescue for sea kayakers. Most of us have taken rescue classes at symposiums or studied techniques on the internet. This clinic is a chance for new paddlers to learn open water rescue techniques and a chance for more experienced paddlers to compare techniques and practice them in a safe environment.

Jim and I will start off each teaching segment by systematically walking through the steps to complete a rescue so that newer paddlers can learn the tricks associated with performing each rescue. After walking through “one way to do a rescue”, we will compare notes and discuss/demonstrate alternative approaches that people may have seen.

This clinic is important since kayakers need to regularly practice these skills so they are “fresh” when we get into a real rescue situation—you want to know how to do get yourself or someone else back in their boat quickly and on your first attempt.

Course Content: At the course, we will cover the following topics:

- Wet exiting your boat

- Solo Reentries (Paddle Float, Cowboy, Reenter and Roll)

- Assisted Reentries (T-Rescue, Stirrup Rescue, Scoop Rescue)

- Towing - contact tows, short tows, and regular tows. Will discuss when to start towing and when towing may be needed to assist a rescue (I will bring extra tow ropes if you don't have one.)

Course Details

Date: Saturday, June 4, 2016

Location: Geist Park – Contact me if you are not sure how to get there.

Schedule:

9:30 am	Please get to Geist Park early enough to be able launch at this time
9:30 am – 9:45 am	Introductions/Shore-Based Training
9:45 am	On-Water Training
1:30 pm	Return to Geist Park for Wrap-Up

Required Equipment: (Contact [Duane](#) if you want an exception to these requirements since we may have extra equipment that you can borrow):

- Touring Kayak or Sea Kayak (14' or longer) with perimeter deck lines running to the bow and stern of your boat.

- Must have sealed fore and aft bulkheads or fore/aft air float bags.

- Spray Skirt – We will be practicing bracing and Eskimo bow rescues so you will need a spray skirt .

- Life jacket, pump, dry clothes, sun screen.

- Paddle – It is best to bring the paddle that you normally paddle with.

- Snack/Water – We will probably work through to 1:30 pm without stopping for lunch. Please bring a snack and water since boat re-entry really can wear a person out.

Recommended Equipment: (Please bring if you have it – Don't buy it if you don't already have.)

- Paddle Float, tow rope, rescue stirrup

- Wet Suit or Dry Suit—Depending on the weather, you may want at least a wet suit to be comfortable.

- Nose clips—Nose clips are strongly recommended since we will be getting in the water.

Contact Information: If you wish to sign up, contact Duane Garloch at duane.garloch@gmail.com or (317) 796-2865 by Thursday, June 2. Contact Duane or Jim if you have any questions about the course.

HCKC Boat Demo and Open House

Geist Park Sunday 6/12/16

What kind of boat should I buy? Many of us struggle with this very question; especially if you want to try a different paddling category. The best answer is the boat that you can paddle the best! However, that is hard to determine in a store with no water and not a lot of boats to choose from. Many of our members have multiple vessels; some WW, some flatwater, some sea kayaks, even paddleboards.

Join us on Sunday, June 12th at Geist Park. We will be renting out the pavilion and grilling hot dogs. Please bring a dish to share and as many boats as you can so we can all try out each other's different boats! If you can paddle it, bring it.

This is perfect if you have never paddled a particular type of boat and would like to try it out. Thinking of buying a different type of boat? Paddle it and try it here first.

Curious about becoming a member? Come out and meet some of us, have a hot dog, and try out some different boats.

If you are wanting to get rid of a boat or some equipment, this would probably be a good time to do it too.



Future Newsletters

Do you have any great trip reports or any other interesting stories the rest of us would enjoy? Please submit any articles, stories, or interesting points to Dwayne James for our News Letter. Submittals must be received by Dwayne by the 17th of each month to ensure it makes into the next month's newsletter. Please send any pictures or write-ups to dwaynesjamesA1@hotmail.com. I prefer word documents with very little formatting of the text. Calibri 11 makes a nice font.

Send information to dwaynesjamesA1@hotmail.com

The Newsletter of the Hoosier Canoe Club

Trip of a Life Time Announcement

Uganda December 2016

One of our newer members, Hasina Mirembe, is taking the plunge to sponsor a trip this year to her native country of Uganda to kayak the legendary Nile River. These world class rapids on the Nile are being threatened by a dam being built and this trip may very well not be possible to run in a few years. This is a very rough estimate on dates and on costs, but we want to allow members to be able to prepare for the trip as soon as possible. Flatwater and white water kayaking are available, along with rafting so all paddling disciplines and skill levels are welcome to enjoy this trip and the beauty of Uganda. We are hoping to get a solid group so that we can take advantage of lower cost airfare, lodging, and equipment rental.

Expected take off: Dec. 18 or 19, 2016

Estimated cost of the trip: \$2500-3000 for two weeks; includes food, lodging, equipment. Safari would cost extra.

Rafting info - Nile River Explores <http://raftafrica.com/>

Rafting and kayaking info: <http://kayakthenile.com/>

Some info about the proposed dam:

<http://www.internationalrivers.org/blogs/229/uganda-dam-could-drown-local-jobs-adventure-tourism>

Please contact Hasina at hasinamk17@gmail.com for any questions and/or to RSVP for the trip. Please put Uganda in the subject line so the email won't get missed.

Class Announcement Hoosier Riverwatch Training

Hoosier Riverwatch is a program of the Indiana Department of Environmental Management, Office of Water Quality, Watershed Assessment and Planning Branch. The program began in 1996 to increase public awareness of water quality issues and concerns by training volunteers to monitor stream water quality.

The mission of Hoosier Riverwatch is:

To involve the citizens of Indiana in becoming active stewards of Indiana's water resources through watershed education, water monitoring, and clean-up activities. Hoosier Riverwatch is a State-sponsored water quality monitoring initiative. Class are free and paddlers are encouraged to enroll.

We accomplish this mission through the following goals:

- Educate citizens on watersheds and the relationship between land use and water quality.
- Train citizens on the basic principles of water quality monitoring.
- Promote opportunities for involvement in water quality issues.
- Provide water quality information to individuals or groups working to protect water resources.

Support volunteer efforts by providing technical assistance, monitoring equipment, networking opportunities and educational materials. 11 Classes are available throughout the state are free See the Riverwatch website for details http://www.in.gov/idem/riverwatch/files/training_schedule.pdf



Saturday, April 9 Chesterton, IN
Saturday, April 23 Indianapolis, IN –
Friday May 6 Bloomington, IN –
Monday, May 9 Lawrenceburg, IN
Friday, May 13 Paoli, IN –

Tuesday/Thursday, April 19 & 21 Kokomo, IN –
Saturday, April 23 & 30 South Bend, IN –
Saturday May 7 Evansville, IN –
Friday May 13 Bristol, IN –
Wednesday, May 18 Princeton, IN Thursday, June 30 North Webster, IN

The Newsletter of the Hoosier Canoe Club