# The Hoosier Paddler

Month May 2015, Vol. 53 Issue 4 http://www.hoosiercanoeclub.org/

# HOOSIER CANOE KAYAK SINCE 1963

## From the Skipper:

and MARIANN

I can't resist tooting our own horn and touting the fabulous 4/10/15 weekend with the Hoosier Canoe and Kayak Club...What a Launch for the season: A veritable "Trifecta of Paddling" weekend. All 3 sections of the club were represented by exciting and well participated trips:

Flatwater—the beautiful Big Pine was in an almost perfect state for paddling (38 paddlers)

Blue water—Lake Monroe overnight paddle had equally good weather and water (16 paddlers),

and the White water section—

The HCKC geared up and trekked to West Virginia for the annual Webster Spring White water Festival (20 paddlers).



Moving

Water

Clinic

#### In this issue:

Page 1: Skipper's Note

Page 2: Board Statement Opposing Mounds Reservoir and Dam

#### **Trip Announcements:**

Page 3: Sea Kayak Thoughts

Page 4: Eagle Creek Paddles

Page 5: Cagles Mill Lake

Page 6: South Bass Island

Page 9: Dragon Boat Race

#### **Trip Reports:**

Page 9: Early Spring Paddle
Page 10: Moving Water Clinic
Page 11: Lake Monroe Overnight

#### **Training Opportunities:**

Page 7: Beginning Kayak Skills Page 8: ACA Kayak Level 1/2

Please send me trip reports and pictures.

dwaynesjamesA1@hotmail.org

#### **Statement Concerning Mounds Reservoir and Dam**

Statement from the Board of Directors of the Hoosier Canoe & Kayak Club opposing the proposed Mounds Reservoir and Dam

The Board of Directors of the Hoosier Canoe and Kayak Club, established over fifty years ago and one of the largest paddling organizations in the state, submits the following statement in opposition to the proposed Mounds Reservoir and Dam.

The Board believes in the preservation of the White River as a free-flowing stream. We support the conservation of Indiana's rivers and streams and we appreciate the immense value of the White River as a resource. The controversial reservoir project would flood many miles of the river, resulting in the destruction of its natural state, and threatening the river's waters, fish and wildlife, and recreational benefits. The development of a reservoir would result in the flooding and elimination of significant archeological sites and other areas of Mounds State Park, including the artifacts and heritage of Native American communities, as well as the Mounds Fen Nature Preserve, protected by legislation. It would flood historical neighborhoods in the city of Anderson, held for generations of Hoosier families. Other communities, businesses, and residences along the river would be negatively impacted. The proposed reservoir area includes previous industrial sites which, when flooded, could create new environmental hazards. With the additional factor of agricultural runoff, the quality of the reservoir waters would be in question.

Feasibility studies have not demonstrated a compelling economic benefit, nor have they addressed engineering issues and funding challenges. Water studies for Indiana have not identified a need of this scale nor have they identified the desirability of this site. In fact, this proposed course places our state on a path divergent from the national trend of removing dams and the restoration and preservation of natural free-flowing streams. The proposed dam on the White River runs counter to current environmental science and stewardship, and therefore, the Hoosier Canoe and Kayak Club does not support the effort to build a dam and reservoir on the White River.

The Board of Directors Hoosier Canoe & Kayak Club April 14, 2015



Moving Water

**Clinic** Instruction



#### Sea Kayak Thoughts

#### Jim Sprandel

We just had a tremendous overnight trip to Lake Monroe. Despite intimidating weather most of the preceding week, the skies cleared, the temperature was warm, and the wind was mild. I've included a trip report for it later in this newsletter so you can catch all the details.

The biggest thing is that it's now paddling season! We all can get out there and explore our favorite haunts again or just to play in our boats.

**Geist Sunday Paddles** – Our next Sunday Geist Paddle will be on Sunday, May 3 at Geist Park. We will get out an e-mail reminder in the week before the trip. In April, we had 6 people show up for about an 8-mile paddle down to the marina at Fall Creek Road and back. We saw one of the eagles near their nest above Olio Road but did not see any activity in the nest itself. We also had a loon pop up about 15 feet in front of us as we were paddling.

Upcoming Trips – In May and June, we will be having several interesting trips that you may wish to take advantage of.

Cagles Mill Lake, Saturday, May 9 – Mark Cowser will host this trip. See Mark's trip announcement in this newsletter.

**Grayson Lake, Saturday May 16 – Sunday May 17 –** Always an interesting trip with the CincyPaddlers. A chance to paddle through the canyons of Grayson Lake and see the mountain laurel growing on their sides. See the last newsletter for details.

South Bass Island, Wednesday, June 3- Sunday, June 7 – A chance to explore the water in southern Lake Erie and attend the South Bass Rendezvous. So far, six HCCers are planning to go. Send a note to Konstantin if you are curious

**Training** – The upcoming Introduction to Paddling courses are discussed later in this newsletter. In June, we will have an Open Water Rescue Water Clinic for sea kayakers – a good chance for everyone to practice their rescues that we may need for the Great Lake trips later this year.

Remember to purchase and affix your 2015 DNR sticker before paddling on DNR lakes and properties.

These stickers are not needed for Indiana streams or Eagle Creek Reservior.

#### **Eagle Creek Tuesday Evening Paddles**

# Jim Sprandel

Eagle Creek paddles will be held on Tuesday afternoons and evenings again this year. If you have never paddled Eagle Creek, it is an interesting and fun area with open water which can get "playful" (1-2 foot waves) when the wind kicks up. Flatwater paddlers can feel at home on Eagle Creek above the bridge at Lafayette Road or up Fishback Creek which are only 1.5 miles or so from our boat ramp. There is a lot of wildlife around the lake—it's common to see ducks, geese, kingfishers, cormorants, egrets, herons, and even bald eagles on our paddles. Plus, we see an occasional beaver and osprey.

These Tuesday Evening paddles are provided for Hoosier Canoe and Kayak Club members through a Partnership Agreement between Eagle Creek Park and the HCC. Eagle Creek grants members admission to the park at no charge any time after 1:00 pm on Tuesday afternoons. In exchange, the club will pay for these park admissions by cleaning up the shore of Eagle Creek Lake and providing safety support for the Wednesday evening sunset paddles and week-end, full-moon paddles provided by Eagle Creek Outfitters. In September, we will recruit volunteers to help with the shore line clean-up and I will let people know about the Sunset/Full Moon paddles in the next month.

#### Eagle Creek Tuesday Evening Paddles - .

When: Tuesday Afternoons/Evenings - May 5 through September 29, 2015

**Starting Time:** Park entry is valid for HCC Members to enter the park between 1:00 pm and closing time on these days. These are not structured club trips. People are encouraged to go out and explore the park or to practice paddling skills.

People wanting to paddle with a group are encouraged to coordinate this through the Bulletin Board, Facebook, or e-mail.

**Park Closure Time**: When you enter the park, look at the park's closing time that is posted at each of the park gates. It changes throughout the year and they have been known to lock the gates at that time.

Where: Kayak/Canoe Ramp near Discovery Center—Enter the park at either the 56th Street or 71st Street entrance and follow the signs to the Discovery Center or to "Go Ape!". Use the boat/kayak ramp across the parking lot from the Discovery Center (next to Go Ape). This pass is not valid at the ramp at the south end of the lake near Ric's.

**2015 HCC-Eagle Creek Pass:** HCC Members **must** print this pass and show it to the Eagle Creek gate staff to get in without paying. Park admittance is normally \$8 for a car with one kayak or canoe.

To access the 2015 HCC-Eagle Creek Pass - Go to: <a href="https://drive.google.com/file/d/0BzF-e7gbsxrlalpHMnRFN0piZGc/view">https://drive.google.com/file/d/0BzF-e7gbsxrlalpHMnRFN0piZGc/view</a>

**IMPORTANT:** The Eagle Creek Park Pass is password protected. Before you can display or print the pass, you will be asked to type in the password that Dave Ellis e-mailed to you on April 8 to access the HCC Membership List. If you have forgotten this password, please e-mail Dave Ellis (<u>riverpapaw@aol.com</u>) or Jim Sprandel (<u>merlin-3d@sbcglobal.net</u>). **Please allow at least one day to get the password** and be sure to include both your full name and e-mail address when requesting this information.

See you on the water.

Moving Water

Clinic Instruction



#### **Trip Announcement**

# Cagles Mill Lake Paddle from Lieber SRA Beach

Saturday, May 9, 2015

**Trips Sponsor: Mark COWSER** 

This year, we are going to paddle Cagles Mill Lake . The lake has a different feel when the water level is closer to winter stage.

We will launch from the beach at Lieber State Recreation Area. If the beach is still underwater, we can launch from the road down to the beach and park at the top of the hill. We will then paddle down the lake past Cunot PAS and up to the falls.

The trip from the Lieber SRA Ramp up to the falls is about 6.5 miles and the first 2.5 miles cross open portions of Cagles Mills Lake which can get choppy and windy.

We will probably have lunch up at the lower falls. Shore conditions at the falls are very dependent on water level.



**Meeting Place:** If the <u>lake stage</u> is below 629, we will meet at the East end of the Swimming Beach at Lieber SRA. If the lake is above 630, we will either have to unload our boats on the road down to beach or we may be able to use the ramp parking area at the west end of the beach which is a few feet higher than the beach.

**Directions:** From I-70 and I-465 on the Indianapolis West side, drive west on I-70 to the SR 243 exit (Exit 37). Drive about 3 miles south on SR 243 to the Lieber SRA Entrance and follow the signs to the beach within the park. (The SRA is approximately 45 minutes from I-465 and I-70 on the Indy West Side.)

**Note**: There is a \$5 fee to enter the park and you must have a DNR Sticker for you boat—these stickers are usually available at the SRA gate.

**What to Bring:** Be sure to bring your boat, paddling gear, water, your <u>lunch, sun</u> screen, and insect repellent. I strongly recommend a spray skirt since we may be dealing with wind and boat chop in the first 3 miles.

Due to the mileage and possible lake conditions, sea kayaks or touring kayaks with spray skirts are recommended

Paddling Distance: 13-15 miles.

**Schedule:** Plan on being at the put-in and <u>ready to launch at 10:00 am</u>—we should get off the water

around 3:00 pm.

Contact Information: Please e-mail me at <a href="mailto:cowser-mark@att.net">cowser-mark@att.net</a> by <a href="mailto:6:00 pm Friday">6:00 pm Friday</a> May 8 if you plan to attend

so I can get latest conditions to you.

#### **Trip Announcement**

#### June 3-7, Lake Erie, South Bass Island Touring Kayak Camping Trip

#### Sponsor: Konstantin Louganski

We will leave Indy on June 3<sup>rd</sup> bright and early and take a 4-hour drive to Catawba Island, OH to the terminal of the ferry to S. Bass Island (5174 East Water Street, Port Clinton, OH 43452, millerferry.com). We will have a base camp in the S. Bass Island State Park (<a href="http://parks.ohiodnr.gov/southbassisland">http://parks.ohiodnr.gov/southbassisland</a>) and make daily trips from there. It's almost 3 miles of open water crossing to the southern tip of S. Bass Island and an additional 1 mile of paddling to the S. Bass Island SP. Paddling conditions permitting, we will launch no later than 2 pm on June 3rd and make a crossing to the island with all our camping gear. If the weather is not favorable, it's nice to know that the ferry is always happy to take passengers, kayaks, and even our cars.

Our stay on the island will coincide in time with the South Bass Island Kayak Rendezvous on June 5-7 (<a href="www.sbikayakrendezvous.com">www.sbikayakrendezvous.com</a>). We will join the rendezvous paddlers for social activities (Friday traditional potluck dinner and stories, Saturday smores and dessert potluck, Sunday morning "paddle to breakfast at Frosty's Bar, the best breakfast on the island"), and a full day of paddling on Saturday. After Sunday morning breakfast, we'll break our camp, cross to the mainland (under human power or ferry power as appropriate for the weather), and drive home.

We will have three full days of paddling, weather permitting (Thursday and Friday on our own and Saturday with the Rendezvous paddlers). Paddling opportunities are numerous and include a circumnavigation of the island, trips to nearby Middle Bass and North Bass Islands and several small islands in close vicinity.

Please check my interactive map for possible paddling routes and distances:

http://mapmaker.education.nationalgeographic.com/cirurF93Vo6lv9fVzvAYZs/

#### **Requirements**

This is a sea kayak camping trip that requires experience with open water paddling in 2-3 foot waves. A 16-foot or longer sea kayak with waterproof bulkheads is required. All participants should be able to paddle 15 miles on a day trip under normal conditions. All participants should be proficient with self- and assisted rescues and carry appropriate personal safety gear. Kayak camping experience is required, and knowledge of what to bring and what not to bring on a kayak camping trip. All participants will provide their own meals, and please bring something to share for the rendezvous potluck events.

**Advanced paddling option** for kayakers with appropriate experience (and ambition):

We will launch from Marblehead (East of Catawba), from the Kelleys Island ferry terminal (kelleysislandferry.com), and make a 3.16 mile crossing to Kelleys Island. Kelleys Island is a big, Australia-shaped island several miles East of S. Bass Island. We will continue additional 5.18 miles around the island and land at Kelleys Island State Park (parks.ohiodnr.gov/kelleysisland) on the north shore in a cove. The State Park has campsites right at the water edge, which makes them ideal for kayak camping. On Thursday morning, weather permitting, we'll make a crossing from our campsite to the North tip of S. Bass Island (6 mi total, including about 5 mi open water crossing). We will coordinate a meeting point (by radio or cell phone) with the S. Bass group going on a day trip and paddle together since then. On Sunday, upon return to Catawba, the Kelleys Island group will have an option of paddling additional 7.8 mi along the shoreline to Marblehead or to get a shuttle to their vehicles. In case of weather conditions precluding a crossing from Kelleys Island to S. Bass Island, the group will return to Marblehead and make a crossing to S. Bass Island from Catawba.

Moving Water

**Clinic** Instruction



#### **Training Announcement**

#### **Introduction to Kayaking Classes**

**Instructors:** Dave Ellis, Jim Sprandel

Dates: Saturdays - May 16, 2015, June 13, 2015, July 18, 2015

Here's a chance to jumpstart your paddling! As a new kayaker, you may know how to move your boat around in calm water. However, we will work with you to make your paddling easier and more effective—to give you more control over your boat. We will work on your basic knowledge, strokes, and other paddling skills that you may need to safely enjoy the sport. This course is based on the American Canoe Association "Introduction to Kayaking" course.

The instructors will first talk with you about the basics and then quickly get on the water to teach you how to move your boat forward, backwards, and sideways as well as how to turn and stop. While the water is cool, we will demonstrate rescue skills but you won't *intentionally* be getting into the water at this clinic unless you want to. Thatcher Pool is a great place to practice rescues and wet exits.

This course is intended for newer HCC members with recreational, touring, or sea kayaks.

**Meeting Place:** Eagle Creek Park – I will announce the launch location within the park via e-mail during the week before each course since our location will depend on the weather forecast and park's event calendar. There is a fee of \$8 to bring a kayak into the park if you don't have a park pass.

**Class Size:** Attendance for each class will be limited to **10** students. Current HCC Members will be accepted into the class based on the order that they contact me. We will have an additional class in August if the July Class fills up.

Please do not sign up unless you can stay for the entire clinic.

#### What to Bring:

Please bring your kayak, life jacket, paddle, paddling jacket, sun screen, lunch, and water.

Safety equipment that you normally carry (e.g., pump, paddle float, stirrup, tow or throw rope ...) so we can demonstrate how to use them. Don't buy safety equipment just for this class.

Paddling Clothing—Even though you won't *intentionally* be capsizing, be sure to dress appropriately for the weather and bring a wind-proof paddling jacket since it may be cool.

Spare clothes in a dry bag! (Just in case)

Questions—Please think about what you want to learn before the class and come with questions.

**Schedule:** 9:00 am Meet at Designated Location

9:30 am Be dressed to paddle with your boat at the launch area

9:30 am—3:30 pm Clinic

We will take an hour around Noon for lunch and a safety discussion.

**Registration information:** If you would like to register for this class or have any questions, please contact Jim Sprandel at (317) 257-2063 or <a href="mailto:merlin-3d@sbcglobal.net">merlin-3d@sbcglobal.net</a>. Members will be accepted on a first come-first served basis.

If you e-mail me, please send me your name, the kayak you will be bringing, paddling experience, and contact information (e-mail/phone number). I will send out final course notes to participants in the week before the course.

Overnight Camping

On Lake Monroe



#### **Training Announcement**

# ACA Level 1/2 - Essentials of Kayak Touring Instructor Certification Workshop –Kokomo Sponsor: Joe Rozsahegyi

This class is to certify experienced paddlers to teach kayak skills. Excellent for camps, paddle clubs, liveries, retailers and individuals to obtain formal accreditation to provide training from entry level to touring level skills. Once certified, instructors are able to obtain free liability insurance through the ACA to cover their classes. Class instructor - Ivan Bartha.

Friday, July 17, 2015 5pm-8pm 902 W. Deffenbaugh St 46901 Saturday, July 18, 2015 9am-5pm Kokomo Reservoir/500E Sunday, July 19, 2015 9am-5pm Kokomo Reservoir/500E

Cost \$325 Payable via check or Paypal invoice required to hold spot Refundable (minus \$100) until June 17 or if a replacement is found Reserve via the Wildcat Paddle Club meetup <a href="http://www.meetup.com/WildcatPaddleClub/events/221822665/">http://www.meetup.com/WildcatPaddleClub/events/221822665/</a>

Or by contacting Joe Rozsahegyi for details : <code>jvrinkokd@aol.com</code> Registration is available until class is filled. Tentative class size is 5, may increase to 10 based on wait list and additional instructor availability. More information provided when you RSVP.



#### **OVERVIEW**

The Essentials of Kayak Touring Instructor Certification Workshop (ICW) is part of a nationally recognized curriculum provided by the American Canoe Association. Participants are expected to come with with intermediate kayaking skills and an ability to teach skills outlined in the Essential Eligibility Criteria which is linked below. Some equipment will be provided, but will be limited to rescue equipment and maybe some extra paddling gear. Personal gear/clothing is the responsibility of the participant. Some rental kayaks may be available through Kokomo Kayak and Canoe Rentals.

The course is not a skills course and geared towards the more seasoned paddler looking for development as an ACA instructor candidate. It is a flatwater kayaking course geared towards educators, paddling club leadership, seasonal & professional paddlesports staff. Students may be certified at either a full L2 or L1 depending on demonstrated skill set.

See ACA website for details of L1 and L2 curriculum

http://c.ymcdn.com/sites/www.americancanoe.org/resource/resmgr/sei-courses/l2 erk skills.pdf

#### ACA MEMBERSHIP

All participants must be ACA members prior to the first day of the course and have their membership number available. There are some required texts for this course that you can purchase at a discount through the ACA E-Store after you purchase your membership. Assuming you have completed the requirements of the instructor certification process, instructors are required to pay an additional fee to the Safety Education & Instruction Council prior to registering your first class.

Moving Water

Clinic Instruction



# Try Something new: Voyager Paddling Team Paddlers wanted on OCT 3 (Combine it with the HCKC Green River trip to have a great weekend)

Be part of a 10 person voyager paddling team this fall...(Looks like a very fun event)..check out info below: Contact: SueFoxx @ sufoxx713@aol.com (primary);
Mariann Davis @marianndvs@gmail.com (secondary).



Doug Fenn is promoting the Louisville 50, a 50 mile adventure downstream race on the Ohio River. It is held the **first weekend in October**, starting in West Port, KY and ending in West Point, KY. This year they want to add a new event racing/paddling 6 separate 30' long Voyager Canoes on 7 miles of the Louisville 50 course from Harrods Creek in eastern Louisville to the downtown Louisville waterfront. Doug will recruit six teams from the regions paddling organizations for 10 person crew. They would provide an experienced stern captain, and bow co-captain, Voyager Canoe, paddles and PFD's for each crew. They are seeking organizations to put together a team of 10 to paddle the event and represent your region or organization. Co-ed or not, (Let's try to mix it up), it should be a fun event. ... more details will follow later.

Let's Show the South what we Yankee Paddlers can do...

Trip Report:

Early Spring Paddle March 21, 2015

**Sponsor: Jim Eckerty** 

Participants: Gil Morris, Jim Sprandel, Mariann Davis, Sue Fox, Konstantin Louganski

Location: Summit Lake State Park, Mt Summit, IN

On a bright, sunny, invigorating spring day with brisk but comfortable temperatures rising through the upper 50's into the mid 60's our group enjoyed paddling Summit Lake. Winds were

out of the SW 10-20mph creating occasional mild whitecaps. We estimated that the water level was up approximately 1 foot over fall levels which allowed us to explore some interesting areas. As with past trips we met at the north dock and began the trip by paddling toward, then along the dam then taking the passage along the large island. Next we explored some of the larger coves enjoying the warm sun and wind break afforded by the land masses. We paddled on to and landed on the public beach and used the picnic tables for our lunch site. Resuming our trip past our original put in we took our time and enjoyed exploring the lakes large "L" shaped cove. During the trip we spotted many varieties of water fowl, Cardinals, Robbins, Hawks, turtles, fish, Muskrats, Beaver and more. We paddled 7.4 miles and enjoyed approximately 4 hours of paddling on this great spring day. All paddlers came fully prepared for the conditions and we paddled without problem or incident.

## Trip Report

Moving Water Clinic, April 4, 2015

By: Mariann Davis

"Oh please!...Let there be white water, or at least, some foamy facsimile of such...Maybe some riffles, a small wave train, how about a 6 inch ledge? Just give us some water features so we can practice our new moving water skills just choreographed by our own HCKC instructors: Earl

King and Mark Kraus." Impromptu prayer recited by members: Cliff, Wayne, Evan, Burnis, Mark (instructor), Sherry, Natalie, Mariann and Earl (instructor)

Well, it all came together on a cool but beautifully sunny day on April 4@11 AM, when 9 HCKC members (including our instructors) met at Skiles Test Park on Fall Creek. After a short shuttle to Emerson and Fall Creek Rd (near the Walmart), we began our seal launching into the creek with nary a second thought from those who had never done that before.

A "follow the leader" game began with Earl and Mark leading us into wave trains, teaching us how to ferry across moving H2O, and how to surf the waves. What can I say about eddy turns and peel outs?...well, they were featured as the staple paddling exercise of the day. With repetition, crossed fingers and few prayers, we were becoming proficient with these maneuvers so dutifully practiced.

One of our featured events of the day was the newly added "Michael Phelps" award challenge, whereby Cliff took home the prestigious accolade for the fastest time in the 3 man relay, as he swam all 3 legs of the event, himself...I guess he's just not a team player. Later, to our surprise, our newbie, Evan, first-time paddler...long time canoeist, attempted to compete for this award... swimming only one leg of the relay. (He knew when to give up to Cliff).

After 3 hours of play, instructions and rescues, Natalie led the group to yet a safer watering hole, where paddlers were likely to imbibe in a tall drink rather than fall into one.

As Safety measures continued into the evening...there were, fortunately, no further casualties at the Triton Brewery. Many thanks to Earl and Mark for showing us how to have fun on water while learning many new skills. **Anecdote:** We have a lot of paddling talent in this club; let's keep sharing our knowledge.



#### **Trip Report**

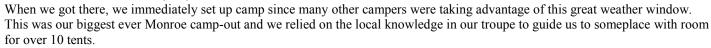
Lake Monroe Overnight Paddle Trip Report - April 12-13, 2015

Trip Sponsor: Jim Sprandel

The weather during the week before our trip was a bit daunting with repeated thunderstorm warnings, hail, heavy rain, and strong wind. However, the weather was perfect when we arrived at Cutright on Saturday morning. Due to the heavy rain, Lake Monroe's water level was up 6 feet over its normal stage and most of our usual boat launching area was submerged so that we launched from the adjacent parking lot.

Thirteen people showed up Saturday morning for an overnight camp-out along Lake Monroe. During the weekend, three more paddlers dropped in and joined us at the camp site.

We launched from Cutright and paddled a little over 3 mile to a camp site called Flintstone on the back (east) side of the Deem Wilderness Peninsula.



After setting up camp, we had lunch and then paddled up the Middle Fork of Salt Creek towards Crooked Creek Ramp. A nice, laid -back paddle. This area was also high so that we were able to play among the trees standing in the channel. We paddled about 3.5 miles to the point where we could over to where the Middle Fork of Salt Creek enters the lake and then paddled back to camp. We had about a 10 mile day which was enough since this was the first paddle of the season for some people.

Back at camp, we all cooked dinner and then sat around the campfire and exchanged stories. It was an amazingly clear night so that many stars were viewable. While many retired early, the campfire went late into the night.

The next morning, we headed back to the main body of the lake and headed down Saddle Creek towards Patton's cave. Several people got out at the cave and walked up to it. This area gets very interesting at high water because there are large tracts of trees that you can paddle among.

We got back to Cutright at Noon and people headed back to their respective lives after a truly fun weekend.

